

# Natural Game Compendium

## The Transition to Natural Game Part I

I've met my share of brothers from the community. After sarging with them and watching them in the field, I have seen the same exact things over and over. They all run nearly the exact type of game, and have the same problems. I am not criticizing other people's models, I am just providing a analysis of the EFFECT that these models are having on the bulk of the people I meet. I would estimate about 90% of random community guys I've met fall into this category. Again I emphasize that it is not an inherent flaw in the traditional ASF models, but more how people are interpreting these models, along with other factors related to societal conditioning.

This post will serve to help transition those people who are interested from a "nerd-like" entertainment frame to a smooth natural approach which is inherently more seductive and effective particularly in endgame.

I have not posted anything advanced in a short while, so this post is the culmination of the past few months of my work. Enjoy!

Contents:

1. The two fundamental elements of a pickup.
2. The difference between techniques, mindsets and beliefs.
3. A paradigm shift for ASF models. A full analysis of pop-ASF game vs. natural game.
4. Design the frame for endgame
5. The Continuous Flow of Action.

Related Posts:

- \* Confident Rapport by Seth Parker
- \* Rooting: Problem with the who lies more opener by Style
- \* Insights - Thinking beyond the medium by Razorjack
- \* Rewriting the Rules for ASF by Imperfect

### **1. The Two Fundamental Elements Required for Conscious and Deliberate Pickup.**

Any active pickup where the man decides who he wants, approaches her and consciously moves the interaction to sex requires only two things.

They are:

-Strong and unwavering belief that the girl wants him. -An interactive context which can lead to isolation.

The great part about this is that any context will

work. This represents the differences between all of the methods you see here on ASF: Be it Gunwitch with his strong rapport assumption and ordinary conversation, or be it Mystery's routines which fit into a precise and linear system. They are both just interactive contexts which can lead to isolation. The true firepower, however is the set of beliefs driving the context.

The reason why there is so much focus on context, is because it is something that can be learned quickly. It's very easy to learn a few jokes and tell a few stories and memorize a few openers. Internalizing good beliefs on the other hand, usually takes months or even years. So you will see some guys on here telling us to ignore the belief / inner game stuff and just develop a strong context. While it may be beneficial to develop a really strong context, we must take care that our execution of techniques isn't inhibiting the growth of good beliefs or installing limiting ones.

The fastest route to mastery is to continue developing strong beliefs and at the same time become familiar with a variety of contexts — get a lot of experience under your belt. Adopt a really great inner game program, and then go into the field and work your techniques. Learn to handle as many tough situations as possible - large sets, daytime isolation, amogs, direct approaches, etc. Realize it can take quite some time before your beliefs make a significant enough change such that you achieve the kind of success you're really after.

### **2. Techniques, Mindsets, Beliefs and how they are related.**

On the most superficial level, we have techniques. A technique is something that you say or do while interacting with a woman. We all have a great deal of conscious control over which techniques we use. On the flipside, techniques are the least effective part of who you are and quite useless without the deeper levels mindsets and beliefs.

At the very deepest level, we have our beliefs. Beliefs determine your reality, and are shaped by your identity. Unlike techniques, we have very little conscious control over our beliefs. They are so far below the surface of our awareness that it is nearly impossible to change them at will. There are probably zen monks who can consciously affect their beliefs on command, but then again, those guys aren't trying to learn to pick up women on an internet chat board — to the best of my knowledge, anyway.

Now what most people ignore, are the mindsets behind the techniques. This is the frame through which we deliver our techniques. A mindset determines the internal dialogue that you experience throughout the pickup. A mindset can be applied to a group of techniques, and a group of mindsets is

what makes up a belief. Razorjack's thread "Insights - Thinking beyond the medium" provides a great explanation of mindsets. What he refers to as thinking beyond the medium is just assigning a mindset to each group of your techniques. It simplifies your pickup by redirecting your focus of attention. Instead of remembering 20 different technical details, you just have one mental focus - a specific mindset.

Mindsets are easier to change than beliefs, but not as easy to learn as techniques. Exerting conscious control over your mindsets is the most effective way to affect your inner game, since they are in direct contact with your belief system.

Example of a mindset:

Take the c+f line "Whoah, pointy shoes! They're nice, but I feel sorry for the little elf you stole them from, who's now running around barefoot."

You can deliver the line with the mindset "She's hot so I have to show her I'm indifferent / not impressed by her, so she thinks I'm better than her." -or- you can deliver the line with the mindset "I care about this woman, I'm enjoying the interaction, and I am joking with her to make her laugh and feel good."

Obviously the latter is more effective, as the former will come off insecure. Despite the fact that you are saying the same words, because you are using two different states of mind, you'll get two dramatically different results. Not only will your results be worse, but carrying the former mindset around will only do harm to your belief system. It presupposes LOWER VALUE and lack of attraction. No good.

The end goal is to change your beliefs, since they will ultimately have the greatest effect on your game. Simple repetition of techniques without the proper mindsets or with incorrect mindsets will do damage to your belief system. You need to adopt great mindsets to insure proper development of a belief system.

### 3. ASF Paradigm Shift.

The traditional model in use by the majority of ASFers I've met is the following:

-Assume that girls must be "hooked" in order to be interested in you. (Sometimes true to varying degrees) -Approach with prepared opinion opener designed to engage girls, meanwhile feigning disinterest. -Assume since you're approaching her, she's automatically more valuable, so... -Go right into story to in order to display higher value, which will generate the attraction which was previously not present. -Continue to tell stories, tease girls until you get clear indication of interest. -Phase shift into "rapport / comfort" which consists of ordinary conversation, dropping the personality she was

interested in initially. -Bait her into qualifying herself to you, and no matter what she says, SOI her for that. (This step ain't so bad) -Isolate and escalate. (This one isn't either :)

Six Common Sticking Points in Execution of the Traditional Model.

#### Sticking Point #1.

The first problem with this approach is that people mouth canned openers without a context for them. Style had an entire post dedicated to this point alone, so I won't go into detail here. (Rooting - problem with the who lies more opener)

If you want to use opinion openers either: A. Genuinely care about the topic. -or- B. Make sure it's obvious that the opinion opener is just an excuse to talk to her. (In this case, ask it and then quickly change topics)

#### Sticking Point #2.

Secondly, guys spend hours and hours on this website, learning material, preparing a routine stack which is designed to engage girls. These guys go out of their way to learn these girly topics of conversation which the majority of us aren't really interested in, just to get female attention. And then on top of that, they pretend that they aren't really interested in fucking the girls! Then, the moment they "stack" these girly openers and DHV's, she's CONVINCED they want something and she knows exactly what they are up to. Feigning disinterest now becomes highly incongruent. I mean seriously. To go out of your way to learn girly topics of conversation, just to have permission to talk to chicks is SUPPLICATION. Entering a females reality just so we can talk to her for a few minutes with the hopes of fucking her is ridiculous!

Here's an analogy. What if a girl went out of her way to learn all about sports or cars or (insert masculine topic here), even though she didn't really like or understand these things - just so she could relate to guys in conversation? This girl doesn't really care about these things, but is pretending to, and spending hours and hours on the internet learning about them, just so she has permission to talk to guys. Does this telegraph that she has an interesting life? Is she telegraphing that she is a valued commodity? NO! Exactly the opposite. If a girl like this came up to me, and talked about things that interested me, I might engage her for a bit, but would I be ATTRACTED TO HER? Hell no. Now what if she kept changing subjects and kept desperately trying to find something I wanted to talk about... would that make me more likely to find her interesting?

It may appear to work marvelously because it gets new guys into set, because now they are actually

talking to girls whereas previously they stood there and did nothing, having absolutely zero context. But the majority of people reading this do not need that kind of content to be interesting to women. Learning girly topics of conversation WILL get you to open more sets consistently - but it's under an entertainment / girlfriend frame, and while things will seem great that night, she will be almost guaranteed to flake. You won't get laid.

I've questioned SHBs (after I've slept with them and they're more honest) about this. These are girls who go out and are almost always the hottest girls in the club, wherever they go. This is what one of them told me:

"Yeah sometimes we talk to guys out of pity. If a guy seems really weird or is dressed gay or something, we'll talk to him just so we can laugh about him later. It's fun. He thinks he's getting somewhere, but then at the end we run away from him laughing."

Girls will talk to sufficiently weird enough guys who "seem gay" for THEIR OWN ENTERTAINMENT. This is a fact, and very common with hot girls. They will sit there and eye code each other, loving it, not because they are sexually attracted, but OUT OF PITY. Don't design your game so that you are becoming this type of guy. Sure you are opening more sets, but it's for the wrong reason.

### **Sticking Point #3.**

Demonstrating Higher Value. The reason why this is detrimental once again goes back to the mindset behind it. Feeling the need to demonstrate higher value is the same feeling that an AFC has when he starts bragging about his job or car or girls he's banging. Sure, you are using a more sophisticated technique, but the mindset and beliefs behind it are EXACTLY THE SAME.

Never go out of your way to demonstrate higher value. Assume higher value! You're the fucking man! You have higher value automatically!

I tell plenty of stories in set, but I do it for fun, because I'm having fun doing it — not with the intent of "proving myself" to the girl.

### **Sticking Point #4.**

It is impossible to fake disinterest 100% of the time. Even if you memorize 5 stories, 3 teases and absolutely MASTER the backturn, it doesn't matter because you'll fail the next test she throws at you. Women are CONTINUALLY testing guys they are attracted to, and most of it doesn't fit a predetermined pattern — IT'S NONVERBAL. I get tested all the time by women. They're thinking "Who the fuck does he think he is, this skinny little fucker... I'm gonna see if he's for real. I hope he's not wasting my time." So they have to test you. They

don't want to fuck some ingenuine guy that faked the first 10 minutes really well. You have got to be the real deal through and through, my friend. And faking any more than you can back up, will just insight more intense tests which you are bound to fail.

Don't fake disinterest unless you can back it up 100%.

### **Sticking Point #5.**

Relying on IOI's in order feel like it's \*on\*, instead of assuming attraction. Thinking too much and calculating your behavior based on watching for IOI's. Don't wait around for IOI's before feeling good about the sarge. Her interest will be based on your vibe anyway, and if your vibe is dependent on watching for predetermined IOI's, then you are leaving it up to chance.

Let's face it, most IOI's that people look for are pretty ordinary behaviors that women exhibit when you talk to them anyway. Some of the popular one's I've heard are:

She asks you where you're from - This is one of the most common pieces of smalltalk when you're first getting to know each other. She may be asking you this just to be friendly, it doesn't mean she wants to fuck you.

She touches you - women are actually more likely to touch you if they aren't as attracted to you, as a way of playing with you. If a woman senses extremely high value, and is a bit intimidated, she is less likely to touch you. She is also less likely to touch you first if you are very direct. Of course, if you don't even have a chance, she won't touch you at all. Either way, unreliable as an IOI.

Remember, one of the two things necessary in pickup is the belief that the girl wants you. It may be difficult to believe at first but keep reminding yourself of this, and train yourself to see \*everything\* she does as an IOI. Is she looking at you when you talk? It's on. Is she contributing to the conversation? It's on. Is she standing in your physical proximity? It's ON!

### **Sticking Point #6.**

Dropping the personality that initially attracted her as a part of a "phase shift", mistakenly thinking it takes X amount of time to attract a woman, or feeling the need to "transition into" X,Y or Z.

It sounds like three different points, but really they all stem from the same type of beliefs and mindsets. They come from leftover society programming like "It takes a long time for women to become attracted." or "Men have to earn a woman's attention and attraction."

If you do actually do well to convey a fun personality to a chick in the first few moments of meeting her, such that she is attracted to you, you should maintain that same fun personality while getting to know her better and deepening your connection. Intersperse your c+f and playfulness with your rapport. But at all costs, stay congruent and do not become someone else entirely.

On the flip side, do not stay in a perpetual attraction stage where you are running material for the upwards of 10 - 20 minutes. That is WAY too long. If you use a couple of fun pieces to open a set, and they respond well to that, they have already made a positive judgement of you. Keep it light on the material and rely more on sharing positive energy with the set, and particularly your target.

Also a lot of people believe that you need a 'transition' to do certain things - especially kinesthetic related actions like touching, kissing, and cavemanning. You do not need a transition for these types of things. You just need to do them with the full certainty that she will enjoy it. Decide what you are going to do, and do it like you mean it.

### **Natural Game.**

If you're going to make the transition to natural game, start out simple. It takes some getting used to, and requires attention on a couple of different levels. It may seem awkward at first, especially if you are used to the traditional indirect game model discussed above. But if you work with it and gain even just a baseline competence, you will:

- Improve your closing rate, avoiding 'sexless frames'
- Reduce your flaking
- Focus more on the interaction and enjoying the process
- Allow your true attractive personality to bloom
- Develop an incredible belief system

If you would still prefer an indirect type of approach based on routines and canned material, it would surely be beneficial to implement these mindsets anyway, along with correcting all of the previously mentioned sticking points. It can do nothing but improve your results.

Of course there are some differences that some may consider to be drawbacks:

- Her initial impression of you becomes increasingly important and is predominantly visual and auditory based. This doesn't mean you have to be good looking, but it does mean you need a tight "image" including style, bodylanguage, tonality and facial expressions. She is going to size you up based on your energy and vibe, and will interpret everything you say through that filter.

- There is no more masking insecurities behind

indirect techniques. You will be forced to confront your limiting beliefs head on, and handle them once and for all. I actually think this is an advantage, but it may be scary for some people to confront their deepest fears and depend on their core identity to attract women. Guys with self-hatred issues and poor self image may shy from this type of thing, telling themselves it would never work, despite the fact that it is the solution to all of their problems.

- Your opening percentage will be lower. You will get blown out faster from certain sets. You can persist on these, but it is likely that they would have not led to anything anyway. In this way, it acts as an efficiency screen and which saves you from wasting your time.

### **Naturalized Seduction Model:**

1. Assume Attraction, adopt mindset that you are going use your personality to make her feel great.
2. Open direct. This includes direct compliments on her beauty or remarks about the environment, or even a simple "Hi." If you are still hesitant to use direct openers, ask her for an opinion that you're actually curious about. Your opening bodylanguage MUST be congruent to your intentions.
3. Go directly to a vibing / rapport type of interaction. Be playful with her and get to know her. If you tell stories, make sure they're fun, and not meant to impress her. Lead the interaction via a continuous flow of action. (explained below)
4. Lead smoothly and confidently to escalation. This could mean you instadate her, venuechange her or close her.
5. Repeat steps 3 and 4, until you isolate and fuck her.

This is a very simple structure, but it's effectiveness depends on the mindsets in the next section.

### **4. Designing the Frame for Endgame**

Natural game is based more on mindsets than anything else. Adopt the mindsets, and allow the techniques to flow. You will find yourself inventing your own tips and tricks and posting them on here for others to check out.

Mindsets are essential to any game, particularly one with minimal structure such as the Naturalized Seduction Model.

#### **-Mindsets-**

#### **Approach:**

The game starts before you walk up. A woman's impression of you is largely determined by what she sees before you open your mouth - that combined with the impression you make on her in the first few seconds upon opening. People have a tendency to generalize the type of person you are as fast as possible, which makes everything in the beginning very influential on the remainder of the interaction. I

think that it is often downplayed how important it is to have a very strong visual image based on your style, dress and bodylanguage. You will hear girls often saying 'he was cute so I talked to him' or 'he was cute so I let my girlfriend stay and talk to him'. Do NOT underestimate the impression you are making visually. We talk all the time on here about it being a limiting belief that you do not need to be handsome, but that does NOT apply to your style, overall grooming and bodylanguage. This stuff is vital.

One of the reasons why I avoid opinion openers is because of the subtle frame of \*needing something from someone\*. Sometimes I think they are about a half step up from a person in the mall asking you for a few moments to fill out a survey — very unromantic and asexual. This is just me however, and I do know a few guys who use them with great success because of their high consistency of opening. It is a matter of preference, I suppose but I like to start the romantic vibe from the very instant I walk up. I don't give up any power by needing someone's opinion - the girl's #1 objective is to IMPRESS ME from the very start.

### **Teasing, C+F, Busting:**

Some people don't like to combine this type of thing with their direct game. To me, this is one of the best parts about direct game. I love teasing and busting on girls. The beauty is, if you are running a direct game, she KNOWS you're just playing with her.

The way I like to think about it is 'floating' your indirect tech (c+f, MCR, busting, push/pull) above a very solid and confident direct vibe. That is you are vibing direct with your bl, facial expressions, warm tonality, but at the same time having fun with her. You are making her feel good through humor because you enjoy her.

### **Affecting her Emotions:**

It is a well known fact that we should engage girls on an emotional level. Touch her emotions. Trigger her emotions, yet people are still confused about how to actually do this. You don't 'talk about emotions' with her. You cause her to experience different emotions through a variety of ways. Off the top of my head I can think of:

-Displaying your emotions through facial expression and tonality when you tell stories -Talking about your passions, let's her have a taste of your potential emotions directed toward her -Being unpredictable, her uncertainty will cause emotional response in her -Creating situations where she experiences an emotion (ex. SOL'ing her and then not calling her for a few days - she's ecstatic, and then curious and scared)

### **Logistics:**

There is no set structure to pick-up. We are artists, remember? You are creating the experience for her so that it is unique. It's fine to follow a predictable structure at the lower levels, but it's like a kata in martial arts. When it comes down to real world situations, while having a loose structure you must adapt and improvise in an aesthetic way. Take pride in your work and create a wonderful EXPERIENCE for the woman. Give her the fantasy. Allow her dreams to come true. Be that man she's been waiting for.

### **Closing / Venuechanging:**

The state of mind you should have when interacting with a chick should be one of 'relaxed and relished certainty'. Don't rush things. Don't 'watch' for IOI's. In other words, you shouldn't be dependent on her, or too reactive to her. Imagine being a hunter with a high powered rifle, and you're hunting a deer in some enclosed space. You know that any moment you CAN kill the deer - but instead you choose to relax and enjoy the experience because of that certainty. You continue to relish in the experience, enjoy the chase, and do it when at the absolute perfect moment. It also reminds me of having some kind of dessert or maybe a delicious bottle of champagne that you could open at any moment and enjoy, but you put it off, because you're enjoying the anticipation so much. Treat closing a woman exactly the same as these types of moments. Enjoy your interaction with her being 100% certain that it will lead where you want it to later on.

### **5. The Continuous Flow of Action**

One thing I am realizing over and over again:

\*The time factor is completely irrelevant to pickup.\*

Time is usually a huge limiting belief for most people. People generally feel that girls need some quantity of time in order to:

-become attracted -become comfortable -leave a venue with you -provide contact information that won't flake -become turned on

This again, is leftover society programming. Let go of the need to make pickup difficult or complicated. In some ways it is kinda complex, but release the desire to make it so.

My flaking ratio is very good. Not 100% perfect, but pretty damn close. The average time it takes for me to get a non-flaking phone number is between 30 seconds and 5 minutes. No more - it's just not necessary. Let me explain why:

After a first meeting, she is going to walk away with some kind of impression - a memory of the

encounter. Now the way the mind works, is that it distorts time around really strong impressions. We remember each event as a series of mental pictures and sounds with varying intensities. The intensity is determined by the emotions present at the time, and how rare or scarce those emotions are. If you walk up to her like no man ever has, and completely rock her world for a few moments, thrilling her with your masculine vibe, she will never forget you!

Thinking back to the encounter, it's very hard to determine time objectively. She's not thinking "Well, he walked up, and said a few things to me, but only stayed and talked for 3 minutes. I don't think I should meet with him - that's not enough time." What she is thinking is "Wow, this guy came up to me, and he was amazing. It was so romantic and seemed so right. He was cute, charming, and he made me feel so good. I can't wait to see him again!"

Only do what you need to create a strong impression on her - and that impression is completely time-independent. It is more based on:

Visual Impression / Identity - BL, style, facial expressions  
Auditory Impression - tonality, pacing and rhythm  
Emotional Content - vibe, connection, expression of emotion  
Continuous Flow of Action ->

The Continuous Flow of Action is a fancy way of explaining 'smoothness', and it achieves a couple different things: -Let's you take the lead and control the encounter -Allows her logical mind to shut off -Let's her trust you and feel comfortable immediately -Makes everything seem 'right' and natural

A continuous flow of action is best described by a LACK of the following things: -weird pauses and indecision -hesitation -waiting -looking for approval or other responses (IOI's) -overanalysis -overthinking

While you should not do these things, it is even more important that SHE does not do these things. In order to achieve a continuous flow of action, you need a minimal structure, quick responses and a lot of confidence. I will illustrate with a few examples.

### **Cold Approach (Assuming time is important)**

1. Guy walks up, delivers opener goes into story.
2. Girl reacts positively.
3. Guy feels he needs more attraction, goes into another story, irrelevant to first one.
4. Girl reacts positively again.
5. Guy waits, thinks of what to do next.
6. Guy starts getting some rapport, asks questions.
7. Guy waits some more thinking he needs more time for a solid close.
8. Guy asks some more questions, unsure if she's attracted enough, looking for IOI's.
9. Girl is confused about his lack of confidence and

doesn't understand his true intentions so says she's gotta go.

10. Guy tries last ditch effort and attempts to close.
11. Girl doesn't give number, because she's being congruent with step 9.

### **Cold Approach (Continuous Flow of Action)**

1. Guy walks up, delivers opener goes into story.
2. Girl reacts positively.
3. Without hesitation, guy immediately starts to connect, asking basic questions. (School, work, etc)
4. Guy teases a bit about her answers.
5. Guy realizes he doesn't have much to say, so gets to the point.
6. Guy says "Well I'm off to meet some friends, but let's do coffee sometime."
7. Because guy is clear and confident, girl agrees, solid close.

### **Back to your place (Assuming time is important)**

1. Guy walks girl into his place.
2. Girl sits down on couch, guy does also.
3. Guy thinks about what routine he needs to spike BT.
4. Guy starts spouting non-sequitur routine to give her time to be turned on.
5. Girl confused, closes up a bit.
6. Guy not seeing IOI's, waits, thinks of another routine, starts to deliver it.
7. Girl gets up and says she has to go.

### **Back to your place (Continuous Flow of Action)**

1. Guy walks girl to his place.
2. Guy tells girl to take her shoes off.
3. Guy sits her in front of the tv, and turns it on.
4. Guy goes to fridge and prepares 2 glasses of red wine.
5. Guy comes back and toasts to good times.
6. Guy tells short joke, girl laughs.
7. Guy goes for kiss.

The idea is that you provide her with instructions at every point and make it clear how she should respond. Intentions are always clear, actions are always confident and calculated. The man knows the entire plan from point A to point B, and always assumes she's ready to go. No hesitation, no indecisiveness. This is truly what attracts women - much much more than \*any\* canned material. Her emotions are engaged 150% on overdrive. You are putting her IN THE ROMANCE NOVEL.

Woodhaven

### **The Transition to Natural Game Part II**

Current trends in seduction favor a more genuine and natural framework driven by confidence and a strong assumption of attraction. It seems the highly

canned routine-based game initially designed for ego preservation is giving way to a more integrated and free-flowing approach. This warrants an in-depth codification of the process of transitioning to a natural game that is both highly effective in-field and consistently teachable.

My recent work has been not only to identify those concepts which drive Natural Game, designing applicable mindsets and techniques, but to also develop a systematic method for students, no matter what their background, to make the transition to Natural Game. Despite my use of the term 'Natural Game' it is a mistake to assume that it's sufficient to 'just be cool', 'act normal' or 'be yourself'. Given the highly ambitious scope of becoming a full-blown Pick up Artist, a systematic approach is, in most cases, NECESSARY to ensure optimum development of the correct behaviors and beliefs.

This article aims to deal with three high level and large-frame concepts which serve as a foundation for a highly practical and field-tested method which preserves the inherent attractiveness and integrity of the student. All great pickup artists have internalized these concepts to the point of automaticity, whether they know it or not. Misattributing the source of their power, a number of good pick-up artists spend too much valuable time emphasizing axillary skills such as storytelling, humor and random gimmickry. While these skills may serve as useful tools for specific situations, they are of limited application and not entirely relevant to the matter at hand.

I believe it is highly beneficial to cut straight to the true essence of success, leaving yourself the option of developing into a great storyteller or comedian later on, if that is your inclination. In that case, development of Natural Game concepts will constitute a robust foundation invaluable for whatever style suits your personal taste. Our primary role as pickup artists is the successful connection with and seduction of women. That will be the focus of this article.

The three base concepts for discussion are:

1. Spontaneity Over Structure
2. Mutual Value Escalation
3. Congruence to Intention

If you haven't read The Transition to Natural Game part I, authored by myself, you may want to do that first. I might also add that the newly revised Razorjack Method is 100% compatible with this text.

### **Spontaneity over Structure**

Spontaneity is the characteristic of creating an experience with optimum emotional capacity to the exact situation at hand. (Or very appropriately termed your 'Pimp Brain' by PlayerSupreme)

It is that time when you were totally \*ON\* - joking with the girl, laughing with her, sharing, you had so much you could talk about, so much you wanted to

share. You told her stories, and made jokes about things in the environment, teased her, related to her... If you've never experienced this, well... keep reading!

Spontaneity is not what you have never said or done before, but a new combination of the thousands of things you have already experienced. We all have a realm of experiences from which to draw via an associative process. Rather than rehearsing memorized content, you are re-experiencing images from memory and recounting the experiences into the here and now with a fresh touch to it. Your amplification or elimination of certain details allows you to custom tailor your presentation and ultimately the entire shared experience to her personality type.

Spontaneity is a state where all of the relevant neural pathways are active such that you have instant access to associated memories. You are extroverted and aware of your environment. You are completely unattached to outcomes, and completely IN the moment. Not focused on the process, you ARE the process. Your experience is that very moment, not stuck in the two minutes ago, but in the PRESENT.

It is that freshness. That presence. Are you THERE in the moment with the girl? Are you seeing her for who she really is? Are you more present in the moment than her husband? Then she is yours.

You are crafting an emotional experience based on the instantaneous moment in which you and the girl reside. Spontaneity can be developed to such a degree that your improvised conversation is more fresh, genuine and attractive than anything you could have prepared prior. This is because it is born out of the moment, and is highly relevant. The freshness and energy which spawns from spontaneity is a powerful and complete value demonstration in itself.

Can you discard your routines and structure at the drop of a hat, when an opportunity to live in the moment presents itself?

Or do you sacrifice the opportunity because of attachment to a predetermined script?

Spontaneity is of utmost importance. More than anything, women will feel great rapport with you based on your degree of spontaneity. Women spend all of their lives searching for that guy who can VIBE. The guy who's energy matches her's - when they are together the interaction just HITS! Women always ask themselves things like "How do I feel around him?", "How natural does it feel?". When you create a spontaneous interaction with a girl, she will be absolutely convinced that you are her soulmate. If you can connect in that manner, she will forget all other objections about you, and be completely in love. This is paramount in making those super-fast lays happen.

Anything that feels forced, rehearsed or planned KILLS the interaction. Even guys that have great

routines or are great storytellers possess spontaneity. There still needs to be a good interaction flow between the stories... AND for when the stories run out! Resist getting stuck trying to correct mistakes made beforehand, stay in the moment - the river keeps on flowing! Persistence and spontaneous creation of context in part comes from having strong beliefs, but you can train yourself to develop those beliefs by maintaining a continuous flow of action.

I recently heard a really good quote from Harmless. He said "The guys that are great - they can take nothing... and turn it into something." What is he talking about? Spontaneous creation of experience based on circumstance. Nothing else. Taking what little is available and creating CONTEXT for interaction.

Another benefit to spontaneity is the byproduct development of situational relevance. Strongly correlated to social intelligence, situational relevance is an intuition that determines when certain routines are appropriate in a given context. Some guys run routines that are completely irrelevant to the situation at hand. They never took the time to develop their spontaneity and now have zero sense of whether their routines are appropriate or not. Even the coolest, most bad-ass routine will fall flat if delivered in an inappropriate situation, or prematurely.

Training your mind for spontaneity is the process of conditioning your mind to develop instantaneous association recall. Development of any skill is preceded by a strong stimulus to the neurology which facilitates that said skill. It is analogous to weightlifting - you lift weights which provides your muscles a powerful stimulus, and they respond by becoming stronger and more developed.

From a strictly mental viewpoint, it is very much like learning a language. A friend of mine took four years of Spanish in high school and a few years later could speak nothing of the language. She then took a two week vacation with her boyfriend in Puerto Rico, and came back speaking near fluent Spanish. Putting yourself in a situation over and over with little preparation gives the strongest stimulus to that part of your brain which you aim to develop.

Overpreparation in the form of learning too many pickup lines or routines will circumvent that process. It's like using crutches for your whole life with the expectation of developing strong legs. It just won't happen. For this reason, I am a huge proponent of minimizing the number of routines you take with you into the field.

Developing spontaneity in a nutshell:

1. Go into the field unprepared
2. Approach a woman with a specific intention (We'll learn this in section 3)
3. Persist as long as possible congruent to your chosen intention

4. Repeat the process for a balanced variety of situations

Little preparation, strong sexual intent, lots of persistence... Sounds like Gunwitch Method to me! This may explain the great success of everyone who applies GWM. It is an excellent foundation and perfect for building that very important trait we call SPONTANEITY.

We are training WARRIORS of pickup. We produce guys who can trust their instincts in any situation and WIN. Their subconscious is trained to make superb decisions in microseconds. They recall highly relevant stories to tell their women, they crack just the right joke at the right time, and they know exactly which emotions need to be projected to capture her SOUL.

### **Mutual Value Escalation**

Mutual value escalation has been the driving force behind most of the successful techniques and methods developed in history and recent years. It is also the concept which drives most symbiotic relationships between living things. A mutual value escalation is an interaction which results in an financial / emotional / intellectual exchange in which both parties benefit. A coach makes his players sharper, faster, and able to think more quickly on their feet and in turn they go on to win games and championships for him. Their combined value as a team is much greater than the sum of their value as individuals.

Certain people are more inclined to escalating value than others. As pick up artists, it is of utmost importance. It can be said that there are three types of people in this world: Givers, takers and leaders.

'Givers' give everything away up front, with a hidden expectation of return. If they do not get that return, they harbor expressed or unexpressed anger and hostility. The classic example of this is the 'nice guy' who supplicates over and over expecting to get sex in return, and then when he gets dumped, blames the girl and calls her a bitch. MVE is NOT supplication. It is the preservation and enhancement of overall or long term collective emotions of a group of people. When a 'giver' gives something (with expectation of return) then you will then be holding the 'expectation' emotion, and the girl will now be carrying a 'obligated / accountable' emotion. Neediness also causes these types of emotions. That is mutual value degradation.

'Takers', realizing that 'givers' get nowhere in our society, take as much as they can from people because of their own insecurity about their abilities to attain what they desire. They also will harbor anger and hostility if they do not get what they attempt to take. A good example is a guy (who some may consider 'alpha') who tries to extract sex or financial resources from a woman but adds absolutely no value to her life. These guys will be

successful to a certain extent with low self esteem women, but eventually smart women will grow tired of this and conjure up enough strength to break free from such an unhealthy and destructive relationship. The relationship ends with both parties worse off than when they started, both with a distorted perception of the opposite sex.

Both 'givers' and 'takers' come from a similar place. They are both attached to an outcome and attempt to use negative emotions in order to reach that outcome. The hostility and anger originates from the fear of an imagined consequence resulting from failure to 'take' or 'receive'.

What most people fail to notice, however is that there is another option: The Leader. A leader will increase the value of himself all the while increasing the value of the people he interacts with. He makes intelligent decisions, takes responsibility for his actions and creates positive emotions in his group. Since the majority of people in this world fall into the 'giver'/'taker' category, it is the leaders who, through their strength and direction, can rise above and make things go right. It is commonly thought that there can only be one leader in any interaction. That is not true. It may be true that only one person can leading at any one particular time, but two leaders can interact in a very effective and mutually beneficial manner.

I really think people have a huge misconception about indirect methods. They seem to believe we are somehow 'hurting' the girl or making her feel bad about herself in some way. When done correctly, this cannot be further from the truth. Great C+F is giving her the gift of humor. Well constructed negs demonstrate awareness and social subtlety, valuable to any woman striving to be more beautiful. Well timed takeaways teach women to respect us, and in the end they appreciate the lesson.

If your methods do not add value to the interaction, then you are coming from the wrong place. Escalate mutual value, always.

Most healthy men and women have a tendency toward survival and the attainment of positive emotions. People naturally want to be around others who can add value to their lives and make them feel good. It is completely natural and built into us by evolution. Natural leaders take care of themselves, they involve themselves in actions to improve their lives, and the lives of the people around them. It just plain feels GREAT to be around people who possess this quality. They are charismatic, comfortable and inspire everyone involved to more positive and pleasurable emotions.

Mutual Value Escalation is THE way into the secret society. By your actions, you demonstrate that a woman's involvement in your life would only be a benefit to her, no matter what your intention is. You leave absolutely no room for implications of negative repercussions. Since leaders have no attachment and make no implied demands, women will very

quickly realize the potential of a no-strings-attached sexual relationship as well as a fulfilling and rewarding long term relationship.

We are not the guys who impose on their freedom by dropping hints of emotional dependence. We do not supplicate to a woman and shower her with insincere compliments. We are also not the guys who, in a selfish pursuit of our own hedonism, sabotage her emotions with lies, deceit and invalidation. We do not drain the life energy from social interactions by demoralizing the team players on which we depend to enhance our lives.

We strive to improve our women's lives by helping them to become stronger, more independent, guiding her to self-discovery and excellence.

And for that, they will reward us with everything they've got!

Enhance her experience whether it is day game or night game, 'indirect' or 'direct' game. A lot of stock routines are created with value built in, so in a sense most of us are creating value escalation artificially. Be aware of the large frame of what we are doing and pay attention to the emotional implications of your technique. We are enhancing the shared experience of which we take part. MVE can be cultivated internally without routines, if you are aware of it while developing spontaneity. If you prefer to use straight spontaneity, only calling on stories when you are reminded of them, your intention will guide your language. Combine genuine expression with leadership frames so that you both benefit.

Learn to reframe everything into the more positive, optimistic, humorous - But this doesn't mean kiss her ass by any stretch. Be realistic and judge her shortcomings fairly. Be aware of her shortcomings, (don't lie and tell her the opposite is true) but make her feel better about them. This is the base structure of good c+f or a great neg.

The real power behind most great techniques is AWARENESS. Do you have the awareness to notice the subtle flaws and insecurities in a gorgeous woman, or are you perceiving her as perfect in every way, and merely picking out some random feature to criticize? In this game, cleverness is no substitute for true awareness.

EXAMPLE:

- \* Be aware and notice her shortcoming: She's a bit short for your tastes
- \* Be honest with yourself about it, don't lie to her: Don't tell her she's the perfect height if you don't believe it
- \* Reframe it to positive in an attempt to make her feel better about it:

Low degree of subtlety (C+F style): Tell her it must be nice to be able to get the child's admission price into theme parks.

High degree of subtlety (Neg style): Tell her you

think she might look really great in high heels.

The success of an approach is especially dependent on MVE. It is important to start with a leader vibe from the very beginning and presented as an opportunity for the two of you make a great connection.

Taker's approach: Either forced, too cocky, or too presumptuous. These guys may attempt to make women feel guilty for not talking to them.

Giver's approach: Weak, and full of compliments. These guys will just tell her she's beautiful with hopes of her continuing the interaction. They expect that the simple act of giving a compliment will inspire her to chase them.

Great approaches, no matter what the technique have a vibe that says "This is an opportunity for you to have a valuable interaction."

The direct approach presents a unique challenge since it is very common for the inexperienced practitioner to vibrate 'giver' when using a compliment-type opener. He must rely on projecting value through his vibe, as opposed to having it built into the opener as is more common with opinion opener / story type openers.

One of most challenging approaches from a logistical standpoint is opening a woman who is walking away from you. It requires a high level of physical awareness and playfulness. Any 'taker' vibe must be IMMEDIATELY diffused by increasing your distance, or by using humor. If you can do this well, pat yourself on the back. It requires a very subtle balance of different vibes, and opening with correct bodylanguage and timing.

### **Congruence To Intention**

An intention is your underlying purpose and role in a woman's life. An intention can take many forms. You can be anything from the guy who helps her with her math homework to the knight in shining armor who sweeps her off of her feet and changes her life forever. There are many different intentions, and it is the pick up artist's job to:

1. Familiarize yourself with the most common and effective intentions
2. Decide which intention is most relevant to a given situation
3. Congruently execute your chosen intention via a continuous flow of action

The two most common intentions are 'direct' and 'indirect'. A direct intention is one in which you express genuine interest in a girl from a place of higher value. You would then continue to reassure her of this all along the way, and treat her as if she is very special and unique. An indirect intention is one in which your interaction with a girl is purely social: Your interest lies mainly in something besides her. Maybe you are talking to her just to get

an opinion, or maybe you are bored - or maybe you love the sound of your own voice!

Keep in mind the two are not mutually exclusive. When it comes down to it, everyone uses both of them, as it is completely natural to use both of them. In fact, a great pick up artist should be familiar with each and be able to use them both with equal competence. To limit oneself to a single intention, is much like an actor who limits himself to playing only one type of character throughout his entire career. The skill of a great actor is not choosing a single great role, but his ability to climb deep into any given role - the ability to become congruent to an intention.

Here's an example: Entering a club, you may see a group of girls, not exactly your type, but still somewhat attractive. You may chat with them in a social way, while waiting for your friends. Later on in the night, you may catch a glimpse of a beautiful, stunning woman - and you express your interest to her. You have created attraction using two different intentions. 'Direct' guys use an 'indirect' intention all the time with girls they have no romantic interest in - and it may result in those girls chasing them. On the flipside, great 'indirect' practitioners shift to a direct intention the moment they qualify the girl - and they may spend the rest of the sarge using the direct intention!

If you look at a 'natural' who does really well on a nighttime scene like a bar or club: How does he behave? Generally he will have a great time, enjoy the moment for what it is worth and spread his positive vibe to others around him. Women will gravitate toward these guys, and find them very attractive in this environment. Does this mean that 'party' guys are universally more attractive? Of course not. But people who go out to bars and clubs are going out to party for the evening, and the behavior of a party guy is highly congruent to that context. The natural is familiar with the environment and the types of interactions that go on during the course of the night. His behaviors are therefore congruent to both his intention and the shared intention of the groups he interacts with. If a natural gets up and walks away from a girl who isn't cooperating, it is because his intention is to have a good time, and not chase any one particular girl.

When one speaks of a 'natural', we talk about those guys who were born with those traits desirable to women. What exactly is the base characteristic that makes them so attractive? Is it their high energy? Is it their relaxed bodylanguage? Is it their boldness and honesty?

No.

It is their congruence to intention. Unlike a pick-up artist who has consciously designed his game from the ground up, a true 'natural' has little ability to make conscious choice of his intention. But the intention that he DOES have - he is DAMN congruent to it.

Development of Natural Game is the development of the fundamentals that empower you to choose your intention based on the situation at hand, and remain congruent to that chosen intention. Remaining congruent to an intention means to continually interact with a girl in a way that reinforces your original intent, or serves to further define it.

Congruence is the antithesis of coming across fake or ingenuine. In this game, to be labeled fake or ingenuine is the kiss of death! As men, we are expected to be strong decision makers, unwavering and ready to take action. Women are drawn to men who already know their place not only in the world but more importantly in her life. Make all of your subsequent actions congruent to your original intention.

Congruence has the ability to create massive amounts of attraction in a woman - much more than any given part of the interaction. Women are not as imperceptive as we once thought them to be! Subsequent interaction increases attraction and rapport simultaneously to the extent that it is congruent with all previous interaction, and serves to further define your intention. Through congruency, you will amplify your value exponentially with each consecutive action you take. Therefore, a complete method of seduction is only effective to the extent that it is congruent within itself.

To a woman, the fact that congruence creates attraction is very obvious. A woman would simply call it "being a real man". Women don't want to waste their time with men who cannot make decisions, do not understand themselves or do not understand how to relate to her. Lack of congruence leads to confusion, and people deal with an excess of confusion by becoming indifferent to it, or by escaping from it. The former will put you into the friends zone, and the latter will cause you to be blown out or cause a woman to flake on you. It is not any particular intention which makes you attractive. It is your congruence to it. Again IT IS NOT any particular method which is superior to others. It is your belief, conviction and loyalty to THAT METHOD. If you master the art of maintaining congruence to intention, a whole new world of freedom and opportunity will open up to you, as you will now be able to make ANY method or technique work.

A useful tool for familiarizing yourself with a particular intention is called Intention Mapping. It is also useful if you wish to create your own intention or 'method' of seduction. What most successful methods actually do is teach you to be very congruent to a single intention, through learning behaviors and techniques. Start by developing an idea of what kind of role you would like to play in a woman's life. Would you like to be lover who changes her life forever, a guy with whom she has casual sex with a few times a month, or perhaps the

guy she encounters for a single night of lust and passion?

Intention maps are most effective when they match what a girl is ready for in this particular time in her life. In other words, your intention should be included in her realm of what is possible. While all women are different in the way they view the world, themselves and what is possible romantically, as a general rule you may find:

- \* She's single -> Primarily open to romance and genuine interest from a guy
- \* She's with a boyfriend or husband for security, or just out of a relationship -> Primarily open to sexual variety, which may lead to romance later on
- \* She's in an emotionally and sexually fulfilling relationship -> Toughest case, but generally open sexual variety or romance from a guy who exhibits MVE

After you determine the role you would like to play in a woman's life, the next step is to fill in parts of the interaction with behaviors that are all congruent to the initial intention, and serve to further define it.

There are basically two main intentions. Direct and Indirect. Here are some guidelines for these.

#### **Notes about the direct intention:**

When opening, many guys have a fear about expressing their interest in girl before knowing that she is attracted first. They believe that they shouldn't let a girl know they like her, unless she has first indicated her interest. Ironically, it is that very belief which causes the lack of attraction. The reasoning of "Don't show your intention because if you show your intention she can reject you." can hurt you in some instances. The very act of demonstrating your true intention is what generates the attraction which prevents her from rejecting you in the first place! When with a wingman, rolling off for a lonewolf, (unless you have a good explanation for why you rolled off of your friend) you MUST get a quick number. In most cases a faster number will be more solid because it's congruent to you hanging out with your friend! If you stay around and wait to 'build rapport', it will be incongruent with you being out with your friend, and it will also demonstrate negative things about your character. This is in contrast to you hunting alone (and not appearing to be in a hurry to a meeting, class etc...) getting a quick number is incongruent with the direct intention. If you are alone, and you meet a woman, push it as far as the limitations of logistics will allow before getting her number.

The direct intention is mostly projected through bodylanguage, vibe and tonality. In other words, teasing her in a warm and reassuring way will NOT break your intention. It should be done in a way that is still congruent to your original intent of being genuinely interested in her. In fact, joking with her should serve to demonstrate your comfort together, NOT to invalidate her.

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If you chat with a girl in a very direct manner, and show her you will not just leave her to chat up some other chick - that you are with her and HER ALONE... If you show her that you are honest about your intentions to her, and that you genuinely think she's special, you will have created a huge advantage over other players in the club, with that particular girl. There is strength in confidence. Your confidence in her will translate into her confidence in YOU. Often times, a strong direct intention will bypass a lot of complications such as AMOGs, obstacles and apparent logistical limitations.

I'm not talking about forwards and backwards merging (entering other sets as a couple) this stuff is fine since the frame puts the two of you 'together' talking to 'strangers'. This is congruent with a direct intention.

In my opinion, a successful pick up artist MUST become familiar and adept at projecting the direct intention. It is THE thing which separates pick-up artists from other players in the club.

#### **Notes about the indirect intention:**

Indirect intention is good for bypassing certain societal roadblocks. It is especially useful when a group of girls is already convinced you have lower value than they do, when your target girl knows you already have a girlfriend or two, or when you wish to attract a girl who you work with or go to school with.

Next time you are about to use a routine to elevate your value or generate attraction, do not consider its standalone value. Instead, consider the congruence that routine has to your original intention. Does it reinforce your intention, increasing attraction and rapport, or does it deviate from your intention, decreasing attraction and rapport? Does each subsequent routine further define your intention, or does it serve to confuse a girl?

With an indirect intention, a girl will have a lot of reservations about sex and generally exhibit a bit of last minute resistance. Backturns and takeaways are the most congruent way to handle this type of thing. If you start reassuring her in a direct way, she will not believe it, and you will come across weak. Using a more direct game without a lot of social proof, having generated attraction based on confidence and body language alone, it is not so important to take additional actions to convince her she is legitimately special. You have already done so, and the fact that you are not chatting up three other women in the club reinforces that.

If you would like to convert the relationship from

casual one to a more romantic one, continue to have sex with her regularly (1-2 times per week at the least). The repeated sex will result in emotional attachment.

#### **Intention Shifting**

While staying congruent to these specific intentions, there is also some degree of flexibility. While it is best to avoid shifting intentions back and forth throughout the interaction, there are two common points where intention can be shifted without major repercussion. I would recommend learning how to handle both intentions very thoroughly before incorporating a shift into your game. The two points that serve as viable shifting points are Qualification and Conversion. Qualification is when you give her a statement of interest. Conversion is after you have had sex with her a few times such that she doesn't write it off as a one night stand. (Usually between 2-4 times)

If you start indirect, you can shift to direct when you qualify the girl. Stay direct until you successfully convert the girl. Starting out with a very social game with heavy social proof, it becomes very important to convince the girl you like her for a valid reason. That is why you must screen her and qualify her based on that.

If your interaction starts off direct, you can switch to indirect after you have successfully converted her. Direct interactions have less of a tolerance for breaking congruency than indirect ones, so it is wise to make sure the conversion is thorough. She must become physically attached to you, through repeated sex.

Every successful pick up artist I have ever met has these concepts internalized. They may not be aware of it, but they've got them. Understand that these three concepts aren't the end all be all of developing Natural Game, but they are a great place to start!

Vincent DiCarlo

#### **The Ten Commandments of Natural Game**

1. Genuine connection with another person should serve as the basis of your game. It doesn't matter how good your techniques are if you can't achieve a genuine connection.
2. Always work to increase the positivity of interactions, and strive to improve the emotions of the people around you. Trying to hurt people only destroys your own value.
3. The immediate moment, the "now" is always more important than any previous moment. Never allow yourself to get stuck in previous moments during the pickup, regardless of what happened.

4. It is not sufficient to be a man. You must become an "idea". Women are attracted to ideas, not men. Once you determine what YOU stand for, your "idea", make EVERY SINGLE element of your game congruent to that. Everything you do, say, how you dress, your mannerisms, your techniques should serve to reinforce that "idea". Any deviation from your "idea" is a leak in your game that needs to be fixed. This accounts for why some techniques work for some people and not others.

5. When using techniques and routines, you must communicate yourself through the techniques, not hide behind them. Many men got into the game because they had a fear of letting women see the real them. Routines and techniques have become a very convenient veil that they could hide behind. Don't let this happen.

6. Demonstrations of value should flow naturally from the reality of your life. Value is built, not fabricated.

7. Value is largely perceived as a vibe which is sensed on a subconscious level. How long does it take you to figure out if you like a person or not? 1 minute? 30 seconds? Some of my most memorable relationships came from 1-3 minute number closes.

8. The nature of your thoughts is the first determinant of your outcome. Your mental "focus" always takes precedence over structure. Never sacrifice your focus in order to follow a generic linear path.

9. Life is unpredictable. Contingencies always come up. Since women will pay attention to your reactions in all kinds of different situations, your game is only as good as your spontaneous conversation and behaviors.

10. Time is irrelevant to pickup. If you spent 30 minutes with a woman, but the last 5 were boring, you would have been better off venuechanging / getting a number at the 25 minute mark. If you have a problem with flaking, you don't need to spend more time, you need to improve your vibe.

## **Complete Guide to Direct Game**

Currently, direct game is synonymous with "I like you" and "BE ALPHA" — So let's rock and roll! ;)

mASF is full of simultaneously successful independent models which can be used effectively if congruent. We all use many models, and their strength is predominantly determined by their congruence to themselves. People have a tendency to gravitate to models that come naturally to them, or make immediate sense. This is great, and if I'm working with a newbie, I will usually encourage him to start with a model that he feels comfortable with.

BUT, because I'm a SUCKER and OBSESSED with PU, I like to try new things all the time, and experiment with all kinds of styles. Furthermore, experimenting with something different than you're used to will push your abilities, expand your model of the world and force you to grow in new ways.

For example, when I first met Dimitri, I was shocked. The first thing I said to myself was: "There is no way this is Dimitri." Then I thought "There's NO WAY this guy actually gets laid." (No offense my man, just first impressions! ;) ) My own success had come from a natural style heavily influenced by the predominant crews here on mASF, what I saw that day blew my mind. His style was unique and fresh. Completely spontaneous and completely his own, I could not correlate a single bit of his game with mainstream ASF game. He violated all the rules and had utter disregard for current models and trends. We would open a 3-set, and while I was demonstrating the power and consistency of opinion openers, Dimitri would come in and physically PICK UP ONE OF THE GIRLS AND SWING HER AROUND! And they LOVED IT! People walking by in the mall were shocked, but he DIDN'T care - no one mattered BUT HIM. That's what being alpha really is - doing exactly what you want with no hesitation and complete certainty it will work.

So we spent most of the summer sarging for entire weekends. Starting friday evening, going straight until sunday evening - looking back it was probably not a very healthy thing to do, but I learned a lot from him, and hopefully he learned from me as well. Most of the time was spent in the malls and on the streets of Boston - it was pure, unadulterated daygame. As a result, I had to invent new models to even comprehend what Dimitri was doing. (My Balance attraction with value post is a good example, and actually is a recommended prerequisite to this post.) Over time, I have devised models for all kinds of things - models for natural styles, "indirect" styles, pimp game (of which my demonstration vs. verbalization post is a part of, along with making yourself physically scarce, being more interested in getting non-sexual things from her (See Dimitri's supply and demand post for more on this), etc.), an assortment of different types of approaching styles, etc... but all that stuff is content for another post! ;)

So here, without further ado, is a crash course for the style of pickup I prefer most:

### **DIRECT GAME**

1. Who can use direct game? Why use direct game? Direct game is a game based on value and self respect. It is based on honesty and disregard for societal constructs. It is completely absent of any takeaways intended to manipulate interest, direct invalidation, and disrespect. I would suggest that direct game can be used by anyone ESPECIALLY newbie's because of it's simplicity, efficiency and congruence with the newbie's intentions. People

also like direct game because it allows them to persist confidently without pretending to be hard-to-get.

It is very effective on girls who have high moral standards and have not yet fallen into the party chick trap. Usually the girls are passionate about something in their life, and had maybe one or two long term relationships. It tends to be less effective on girls who have been emotionally damaged by countless other players who have desensitized them to value based attraction by repeated cycles of attention and indifference. They have already been exposed to intense and crippling physical attraction, and despite the fact that they know it's bad for them, they cannot resist. There are also a lot of girls who have experienced this, but have decided that they do not want it anymore, and this method will work especially well with them.

On a side note, direct game is a GREAT FRAME for creating relationships. It can also set a good foundation for transitioning to indirect game or pimp-style game post conversion. Conversely if you start with indirect or pimp-style game it is near impossible to transition back to direct.

## II. Indirect Vs. Direct Game

The main differences between indirect and direct game are TECHNICAL ones. That is why direct is just as effective, but in many ways MORE efficient than indirect game. One difference is the frame of the opener. Early theories supporting the effectiveness of opinion openers stated that you are almost "using" the girl for her opinion, meanwhile demonstrating value to her in some way. Direct openers ASSUME already that you are of higher value, and your bodylanguage, style, tonality and facial expressions must be congruent with that. You are also demonstrating your direct INTEREST in the girl. It is not purely sexual or purely platonic, it is both simultaneously. If you fail to show SIMULTANEOUS sexual and platonic interest, then she will perceive you as too horny or too gay.

IMO there are two ways to deliver opinion openers. One is to FAKE DISINTEREST - appear more concerned with getting her actual opinion than connecting with her. The other way is using the opinion opener AS A FORMALITY, merely providing a context in which two people can connect. So considering the latter is the current theoretically correct indirect technique, we see that in opening, the only difference is a technical one.

The more pronounced difference in direct vs. indirect game is the fact that YOU ARE PERSISTING MEANWHILE QUALIFYING FROM A POSITION OF POWER. You are taking the initiative to make things happen and push the seduction forward. If you expect her to respond positively to your lack of indifference, you must NOT RESPOND positively to her indifference! If you are playing direct game, and she attempts to manipulate your interest, play games or otherwise disrespect you,

you CANNOT RESPOND POSITVELY TO THAT! That is supplication, and supplication is no part of good direct OR indirect game. In general also, I must add that direct and indirect styles aren't mutually exclusive and there is a lot of overlap. Good game is good game!

**Direct:** -Techniques which are congruent with interest. -Persisting with absolute certainty. -Qualifying from a position of power.

**Indirect:** -Techniques congruent with disinterest. -Letting her chase you. -Takeaways and general manipulation of attraction.

## III. Beliefs / Mindsets / Frames

As stated previously, self confidence and self respect are of utmost importance to direct game. Without these you will make the mistake of qualifying her from a position of weakness. You will tolerate her games, and persist despite her disrespecting you. Having weak beliefs is what causes people to make the mistakes of kissing ass, being overly complimentary and tolerating her shit, when they think they are "going direct". This is not at all what it's about. There is a balance.

The best mindset for using direct game is one of being alpha. This has been stated numerous times as the KEY to direct game. While I recognize it as an important element, it is not a complete methodology. Being alpha basically means taking what you want WITHOUT HESITATION. Think about when you are at home and you want food from the fridge. Do you hesitate even for a second if you're really hungry?? NO. You just walk over and take it. When a mall full of women becomes your refrigerator out of which to feast, you my friend, have got it.

I use a slightly different frame with girls whom I am deciding to use a direct model with. While the annoying little sister frame is great for indirect game, the "Sweet little daughter whom I care about and protect" frame is EXCELLENT for direct. You are powerful but gentle, compassionate and caring.

## IV. Body Language / Tonality / Facial Expressions

As with any good game discussed here on mASF, slow, relaxed body language is important. The only difference is in the opener, you would face towards the girl as you deliver it. This is congruent with your interest in her. Tonality should be deep and resonant. Facial expressions varied and interesting, but relaxed.

## V. Openers

There are 3 different types of openers I use: 1. Hi, how are you? 2. You are beautiful. I would like to get to know you / May I join you? (Shark) 3. That shirt... (Wait for response) It absolutely looks great with your style! (Credit for this type of opener goes to Razorjack)

Your non verbal communication should be congruent with your interest. Of course your overall intention is clear in all three of these. Remember **SIMULTANEOUS SEXUAL AND PLATONIC INTEREST**. Deliver the opener and continue to vibing.

## **VI. Vibing and Connection**

### **A. Traditional Rapport Vibing**

Vibing is about the energy of the moment. The feel of the interaction rather than the content. Vibing with a girl makes her feel like you have a natural connection. It is talking about ANYTHING or telling stories or jokes, even talking about work. YES you can talk about your work if you can VIBE. It is charging your interactions with emotion and tension.

### **B. Storytelling / Demonstrations of value.**

Typical storytelling and DHV models apply here quite nicely. I usually point people to Wilder's storytelling post as a guide.

### **C. Screening**

Vibing should have a screening feel to it. By demonstrating that you are selective, have other options, but are CHOOSING HER, you create immense value for yourself and qualify her at the same time. See Neo-Rio's recent screening post for more of this.

### **D. C+F (??)**

There is a debate whether or not you can use C+F and other slightly invalidating techniques in a direct framework. I DO use C+F with my direct method. There's two things to remember. Firstly, the success of C+F is more girl-dependent than style-dependent. (Then again girls are also-style dependent, but less so.) If a girl responds well to C+F, I'll use it. Secondly, the way to use C+F is in a gentle, playful frame. Your frame cannot be - "I'm doing this to increase attraction." more - "I'm giving her the gift of laughter because I care about her." Your words may be slightly invalidating, but FUNNY and you say it with a WARM tonality and set of facial expressions.

## **VII. Qualification**

Qualification is a HUGE part of direct game. It's great to qualify on non-physical things like her sense of style, her humor, or the fact that she is real and genuine. The key to qualification is TO BE CONGRUENT WITH THE DELIVERY. When you tell her you feel more comfortable with her than any other girls you have met recently, your tonality, bodylanguage and actions BETTER BACK IT UP. Furthermore, having an incredible vibe with a girl is actually more effective than anything you can SAY to her. You are telling her you like her, and she believes you because she feels the same way!

## **VIII. Timing / Persistence / Space**

I try to describe the timing for contacts and meets as "cool persistence". You are up front about your

sexual and platonic interest, but you're not too attached to the outcome. It is being persistent on your timetable, and not giving too much importance to one particular chick. In general, see her once or twice a week and call two or three times a week. Once you have reached conversion, she will make the efforts to contact and see you, and it won't matter what you do anymore. But before conversion, if she is disrespectfully non-responsive to your messages and calls, give her a break for a few weeks and try again.

Do not fear that persistence will come across as needy. It is not the techniques of direct game which lowers your value. The thing that lowers your value is telegraphing neediness. Any subcommunication of lower grade emotions such as fear, anger, resentment, or hostility through your tonality or actions will do this. As long as you take measures to cleanse yourself of these negative emotions, your communication will come across as powerful and confident.

Being physically persistent when in a girls presence CAN come off as needy if you are all over her and not playful enough. Also showing the abovementioned negative emotions while being physically persistent will hurt you in that respect. Best to physically advance with absolute certainty she will enjoy it. And if she doesn't - don't let it affect your state. Chill out, enjoy yourself and try again later.

Space is the way that doubt is introduced into a girls mind. It is not through invalidating techniques. Space amplifies the good feelings you gave to her when you were together. It is also a way of producing implicit social proof. Have a great time with her, and then be busy with your own life. Take your mind off of her. Let her feelings for you build.

## **IX. Conversion**

Conversion is what happens when you have had sex with her enough times (I'd say anywhere between 1-5 times) such that the physical pleasure she associates with you overtakes the society programmed fears and doubts that come along with being intimate. If you have used direct game, after conversion she will no longer flake or resist you, in general. This is because if you have used direct game, your success is dependent largely on your value. (Again, this is a reference to my attraction and value post)

The beauty is, you can start with the foundation created with direct game, and go in any direction you want. If you want to fuck other women, you can transition into the indirect game and make her compete to regain the initial attention you gave her. If you want to extract money and gifts from her, transition to a reverse supplication type of game. If you want to cultivate a healthy and fulfilling relationship, keep the direct game going and add tension as necessary. This type of versatility is just not present in other styles of game.

## **X. Conclusion**

That my friends, is a basic, congruent model of direct game. Any questions, ask away!

Woodhaven

## **Empower Your Voice**

“It’s not what you say, it’s HOW you say it”

Two people can say the same exact words and get totally opposite reactions. Why? What makes others embrace or reject your words? Well there are several elements of successful delivery and they are very subtle! One of them is how you speak with your body, but we will get into that in a bit. On the vocal tip, there are a number of ways that you can communicate more effectively.

### **Projection**

This was a huge problem for me. Even when I had something interesting to say, people would ignore me because my voice was weak and nasally. I knew something was wrong with me, but it took the help of one of my good friends, who is an actor, to pinpoint the problem. He taught me this simple yet effective exercise that transformed my voice from dud to stud.

1. Take a deep breath using your diaphragm. You do this by paying attention to your gut. When you breathe in, your chest should not rise, rather your stomach should rise. Envision your belly button moving AWAY from your spine as you inhale. Breathe in slowly and deeply.
2. Once your lungs are filled, open your mouth and say “ahhhh” at a comfortable pitch, as you are making this sound, close your mouth so it becomes “Mmmmm”
3. Sustain the sound of your voice but gradually lower your pitch. When done correctly, you will feel a vibration travel from your throat all the way down to your gut. Change your pitch up and down until you can feel a line of vibration stretching from your belly to your throat.

When you have honed in on the strongest vibes, you are generating what scientists refer to as “Sympathetic Frequency”. It is the optimum vibration that makes your body resonate with the sound of your voice, giving it a much fuller and richer sound. I did this exercise everyday until I got comfortable with my frequency and it made a HUGE difference! Everything I said took on a new meaning and I found that more people wanted to listen to me.

## **Dynamics**

Fluctuate your pitch. Nobody wants to listen to a monotonous drone! The most engaging speakers modulate their voices and their speech becomes almost song-like. Listen to any great talk show host, actor or comedian and try to mimic their “song” by humming it. This exercise opened a new world of communication for me!

## **Definitive Statements**

While you are working on your dynamics, pay attention to how you end your sentences. If you tend to finish them on a higher note your statements will sound like questions and you will seem unsure of yourself (???) Practice getting your downswing on so people don’t think you are some wishy-washy pansy-ass. (!!!)

## **Pace**

Trynottotalktoofast and bunchallyourwordstogetherinonebreath, it is unnerving and makes whatever you say seem trivial. Keep your tone slow and deliberate, let those words pour from your throat like honey. Pause for effect often throughout your convos, especially before the high points. Watch politicians, preachers and great storytellers and you will see that dramatic pauses are a great way to make people ..... anticipate your words!

## **Avoiding Brainfarts**

I discovered I had this problem when I got this crazy idea to record a daily journal on tape. When I played my voice back I was surprised by some disturbing patterns in my speech. At first it was subtle, you know? I uh, really didn’t notice anything unusual. Um, but as I uh, listened, I found that my uh, sentences where um peppered with what I call Brain Farts. So many ‘uh’s um’s and ‘you know’s were covering up the fact that I was not thinking in complete sentences. It is really annoying when people do this because you can tell they are just talking out of their asses. Amazing what a difference it makes to think before you speak!

NOTE: I highly recommend recording your voice and listening to yourself. It’s a great way to improve on your weaknesses.

## **Seductive Tonality**

Learn to really enjoy the sound and feeling of your own voice. When speaking with hot babes, try to imagine that the vibration of your vocal chords are giving her ears a slow, sensual massage. Did you know that the low frequency of a male voice is capable of making other peoples bodies vibrate subtly? Just like when your neighbors are throwing a party and all you can hear is the “Thump Thump Thump” but all the high frequencies are cut off. Your tone can travel and penetrate everything around you, including that fine-ass HB you are chatting up Aint it grand to be a man? When you really want to go in for the kill, get closer to her and soften your

tone, project like before but make it raspier, softer, SEXIER.

### **Content**

As the series progresses we will get into the sort of things you should be saying, but for now, let's focus on topics that you should try to avoid. You want to project a fun and easy going vibe so don't bring the following topics up, and if SHE starts talking about them, humor her but change the subject, because these may be stimulating convos to have with a buddy, but they will not have the desired effect on the girl. Trust me! I used to make this mistake all the time. Try to steer clear of:

- Religion
- Politics
- Conspiracy Theories
- Sad Themes (World hunger, war, disease, etc)
- Bitter Themes (she won't wanna hear what a stupid wh0re your ex was)
- Technobabble (girls are not impressed by your coding abilities)
- In other words, anything NEGATIVE or BORING!

Making Phat, Funky Beats

This one is critical! Repeat after me...

BOOM TICKA BAP TICKA TICKA BOOM BAP  
TICKA

BOOM BOOM BAP TICKA TICKA BOOM BAP  
TICKA

BOOM TICKA BAP TUH-BAP TUH-BOOM BAP  
TICKA

BOOM BOOM BAP TUH-BOOM TUH-BOOM BAP  
TICKA

The "BAP"s are spoken at a higher pitch.. repeat this phrase for a bonus beat-box lesson..what can I say, I am feeling extra generous today! Yes, I know this has jack sh!t to do with seduction and I am completely crazy. Moving on..

It has taken time and practice, but these days I get compliments on my voice all the time and am confident enough to bust some rhymes in front of a crowd, not too soft or loud, my tone's often proud with no apologies please I freeze all the wannabes with my buttah steez as I get lost in sound! Oh yes I mack hotties when I bless the party, work em up with the voice, then I finesse with the body!

### **Body Language Guide**

Lets talk a little bit about body language and how it relates to your attitude and confidence. We all know that people communicate with each other on multiple levels. But did you know that spoken words is just 7% of what we communicate? The majority of communication is done with vocal tones, vocal pitch, movement, body language and gestures. All of

these things and more make up our composite body language expressions, such as: Facial expressions, voice intonation, speed of speech , how you walk, the way you carry yourself through the world, having eye contact, how fast you move, and even our breathing.

You may ask why body language is so important. First, because it is how we sub-communicate with others. This sub-communication is even more important that ever before, because society has created a link between our actions and how people feel. For example, when you are in room and you feel really nervous, everyone in the room will pick up that you are nervous by your actions, tonality, and speed of your movements. Such things are very obvious, especially to children who are not preoccupied with speech as much as many adults. You can see when somebody is sad, happy, excited, honest, or angry. Look at somebody who rapidly moves his foot up and down. This guy probably can't look anybody in the eyes and is sub-communicating that he is insecure. Somebody who is hunched over, with her feet together, is subconsciously trying to not be noticed at all.

We can find wealth of information about other people by their body language. In terms of seduction, we learn to read what females are saying on a deeper level. An outgoing woman will do the exact same to you, she could tell you a zillion things that you are projecting, just by your image. Let me quote my girlfriend here: "I can see if a guy is good in bed, just by the way he walks." That is so true. They can tell everything about you, just by the way you look. It comes from all those years of experience of guys hitting on them.

If you go out dressed like you do not care about your image at all, you probably don't care, and women will notice this. On the other hand, if you go out dressed as a socially cool guy, you probably are a pretty damn smooth dude. As for the woman, this process of screening by looks and body language is a self-defense mechanism. She really doesn't want to hook up with some low self-esteem loser, or some boring guy who doesn't know how to give her some fun in her life. So they screen you and try to find out as many things about you as possible in a very short period of time.

Imagine, if you are a HOT girl, would you give 30 minutes of your time to each boring geek that hit on you?? No, you would give him 30 seconds and then the "F#\*& off" line.

This is because she already knows that he is a boring, lame-ass guy. But what if some super-ultra confident guy, who is well dressed, comes into a room, walks slowly towards a hot girl with a smile on his face, and starts a conversation with a girl? Would she reject him??

Exactly. She would not.

Now let me ask you who the really confident in our

society are, the ones with an attitude larger than life. Who are they?? Rockstars, company directors, successful managers, doctors, politicians.... etc.

Take a look at how they walk, how they sit, how they speak, and you'll notice something really interesting. They are totally calm, like they control TIME. They are not in hurry. The way they move and how they speak completely radiates with super-confidence.

Let's take a look at what the most common mistakes are when somebody tries to pick up a girl:

- Talking too fast (being nervous)
- Talking too much (trying to impress her)
- Not knowing what to say next (not enough practice)
- Drinking (to become comfortable)
- Asking too many questions (you create rapport too soon, but she doesn't want your rapport unless you have attracted her first)
- Body language wrong (hands connected, feet too close, shoulders down, leaning in)
- Buying her drinks (trying to buy her over, or even worse, trying to get her drunk)
- Not being comfortable talking with strangers (social anxiety)

Does any of this radiate with any confidence??? Hell no!! Take a look and see that every action here projects INSECURITY!!

Ok, let's correct this poor body language together. Here is list of things that you must FIX...

- Keep your hands out of your pockets.
- Stand with your feet wider apart.
- Never look down when you walk, look above the horizon
- Stand with your chest pushed outwards
- Keep your shoulders relaxed and back
- Walk confidently and slowly with bigger steps
- Take up lots of space, no matter where you are
- Pay attention to how you dress
- Always lean back.
- Touch people when you talk with them (non-sexual), because you must create conversation on all levels, not just verbal. (Later she is going to be used to your touch, and that is perfect for the pre-sex stage!)
- All your body language should be comparable in speed. For instance, moving with confidence is good, but it looks incongruent if you talk fast at the same time.

One more really important thing my friend would tell you, "Pick-Up doesn't start when you approach her, it starts when you WAKE UP in morning!" and that's so true!

Let's move on to the subject of attraction:

In order to attract a woman, you must first understand why and how they think. Why the state of attraction exists, and how it happens.

The easiest way to understand and explain this is through something known as 'Switches theory'. You know those on/off switches you have in your house for electricity? Now imagine you have 15 of them in one box. That's an analogy for how our minds work. Women have switches such as "Is he attractive?, is he good at sex?" on or off.

Every girl out there has a different set of switches, because it really depends on their culture, their childhood, their beliefs and their age, plus a few other minor things. However, there are some common switches you must turn ON to all girls out there.

You must be:

- Challenging
- Alpha
- Interesting
- Unpredictable
- Stylish
- Not needy
- A good lover
- Humorous
- Capable of building strong rapport
- Secure
- Trustworthy
- Conversational

Now, those switches can be either ON or OFF. There is no value in-between... for geeks, it's all off.

What happens when you switch on most of those switches?? Wow... she starts to be interested in you... actually... she starts to show IOIs (indication of interest). This reaction is totally normal. When she meets a guy who is funny, good looking, interesting, romantic, and not needy, she becomes interested in getting to know him better (read: sleeping with him).

Switching on these switches is what demonstrates personality to a woman. You can tell stories where you were romantic. You can hook her with interesting snippets of your life and make her ask you questions where you get to reveal your romantic side. It doesn't matter, as long as you flip the romantic switch to the ON position. Every story or

routine you have in your arsenal is saying something to her (flipping switches.) When designing routines and stories, you need to first take a look at what you want to convey to her.

The easiest way to switch On lot of switches is through good body language, behavior, and a sense of style.

Lets take a look at me for example. If you've never seen the way I look, take a look at my webpage photo here...

Okay, let's analyze this together... what do you think about this guy just from this photo? Here is what others have said:

- He has a lot of confidence
- He looks like some badboy or a really adventurous guy
- Good looking (average)
- He is drinking expensive cocktails, so he probably has some money...
- Sex must be amazing with him
- He is alpha, he doesn't worry what others think.
- He doesn't look like some predictable guy...
- Not so needy

Ok, guys, you get my point... I switched On like 10 switches just by the way I look and behave. There are also switches I haven't flipped yet:

I don't have trust, rapport, I am not romantic, interesting... and that's it fellas!!!!

That means 5 stories for 5 more switches. That's like 5 X 5 minutes = 25 minutes to get a girl.

Of course you can convey all those things through conversation, and that's fine. But it will take 10X longer! This is the way it works for me, and I am happy.

-Badboy

## **A Complete Guide to Vibing**

Vibing is commonly thought of in the community as "fluff talk," or just filler in between your routines. Even by people who run completely spontaneous game, there's never been an in-depth breakdown of vibing.

In this post, I will cover:

- 1.Beginning vibing: Always having spontaneous conversational material, and solving the problem of "stalling out."
- 2.Set-up questions: How to vibe when the girl gives

you nothing to vibe off of.

3.Timing: How to be completely spontaneous by vibing only off currently relevant topics.

4.Advanced vibing: Leading the conversation away from negative and boring topics, and towards emotionally powerful topics.

### **1. Beginning Vibing**

A common problem for guys without a lot of social experience is that they "stall out" when they are having conversations with girls. This is caused mostly by a lack of experience with vibing, either by a lack of social experience or by over-reliance on canned material.

The most important thing to learn about vibing is that you cannot have an interesting conversation on a single topic for any period of time. The second most important thing is that outside of some very high-energy club environments, you cannot just switch topics randomly. You need to vibe smoothly from one topic to the next.

Vibing is mostly a process of topic association. With everything she says, a girl will give you a number of potential directions in which to take the conversation. Good vibing is the result of being aware of these directions on an unconscious level, and taking the conversation down the best path. Let's take an easy example. Suppose a girl said to you "At this party last night, I got really drunk and started grinding with my girlfriend and making out with her."

Possible topics for you to vibe off of are:

1. The party last night
2. Parties in general
3. What you did last night
4. Getting really drunk
5. Girls making out with other girls
6. Her girlfriend
7. Grinding/dancing
8. Dancing at parties/clubs

This is the easy part. Just by recognizing what a wealth of topics she presents you with every time she opens her mouth, you'll solve the problem of "stalling out" and having nothing to say. Occasionally, you can break the association rule, and make a topic switch with no transition. The key to this is to do it sparingly, especially in low-energy environments. Too much totally unrelated topic switching makes it seem like you're nervous and too occupied in thinking of the next thing to say to listen to the person and enjoy the conversation. Once you've mastered beginning vibing and you no longer "stall out," you can move on to the advanced version of vibing, which is picking the best topic to attract the girl with. More on that later.

### **2. Set-up questions**

Usually, girls don't present us with sentences as topic-rich as that last one. For example, let's say

you called a girl, said hi, and told her a short story. She laughs, or says cool or whatever, and then doesn't follow that up with questions or a story of her own. You now have NOTHING to vibe off of. This is when most guys panic and bust out an irrelevant canned routine, trying to entertain a girl into talkativeness. Wrong move. A better way is to ask what I call "set-up questions." A set-up question is a question which is useless by itself, but opens up possibilities for vibing. They are basically the questions AFCs ask all the time. The difference between a set-up question and an AFC question is the purpose it is asked for. Examples are:

What have you been up to lately?  
Where do you live?  
Are you in college?  
I hear an accent, what nationality are you?

Obviously, useless for attracting a girl by themselves. You want to avoid asking these questions too much, and only ask them as much as you have to in order to create material to vibe off of. Let's go back to our phone example, where you have nothing to vibe off of. This happens to me all the time, and usually I'll ask the first set-up questions I listed "So, what have you been up to lately?" if she's unresponsive to my initial story. Sometimes I get a good answer from this, but often it's something like "well I got called into work...it was so stressful...and then I watched some TV." The possible topics here are work, stress and TV. This is something which stumps a lot of guys, when they aren't presented with any emotionally powerful topics. The critical thing to understand with these responses are that YOU CAN SPIN ANY TOPIC, NO MATTER HOW BORING, INTO AN INTERESTING OR EMOTIONALLY POWERFUL ONE.

Let's take the example of work. You can easily spin the topic of work into something interesting by telling an interesting work-related story which happened to you or someone you know in the past few days. For example, in a situation like this a few days ago, I responded with "Yeah, I know what you're saying, work can be stressful sometimes (pace her reality). I remember once I was doing the same thing, working for twelve hours, and I came home really tired. I walk into my kitchen to grab something to eat, and my girlfriend at the time was there, cooking something. At first it kind of freaked me out, I was like "how did you get in?" It turns out she actually broke in through the back door and just started cooking in my kitchen. But anyways, she knew that I was working all day so she decided to surprise me by cooking me some Salvadorean food for when I got home. And I thought that was awesome...I loved how she would always do little things like that for me. I thought I was tired when I got home, but after that I didn't feel tired anymore. We ate, and then I took her out to a club and we danced all night. I think it's crazy how you can think you're tired, but

then you see someone who you like and they can make you feel better. So anyways...you seem like the type of person who would do little things like that for people...are you?

Of course, don't copy my story, you need to make up your own. If you copy mine, it will come off as ENTERTAINING and canned, and it will hurt your game. And most importantly, don't tell the story to try to demonstrate value, do it to smoothly set-up the screening question.

The important thing to notice in this story is how I spin the boring topic of work smoothly into an interesting story, and then into a screening question. If you can do this, you can vibe even when the girl is having trouble opening herself up to you.

### 3. Timing

Timing is absolutely CRUCIAL for good vibing. The biggest thing I've noticed in conversations is that a really funny or emotionally powerful remark at one point in the conversation is no longer funny or powerful ten or even five seconds later.

The biggest social error I made when I was just learning how to vibe was latching onto topics, and "saving" them for later. Once I heard a good topic, I would ignore the rest of what the person said, and just wait for them to stop talking so that I could go off on my thread.

The most critical thing to understand with timing is that SPONTANEITY AND RELEVANCE ALWAYS TRUMPS THE VERBAL VALUE OF WHATEVER YOU HAVE TO SAY. Always, always, always. A great thing to say now will fall flat on its face ten seconds from now. If you have something great to say, but the person continues talking and gets on a different topic LET IT GO. However great it was, it is better that you say something relevant and semi-interesting than something irrelevant and very interesting.

This all goes back to demonstrating value. And by demonstrating, I mean actually demonstrating in a way that can't be faked, not telling DHV stories which are actually a subtle way of qualifying yourself.

If you say something awesome but irrelevant, it comes off as attempting to compensate for your lack of value by trying really hard to come up with interesting conversational material. Also, it shows that you aren't listening to her, and that you're too nervous and wrapped up in what to say next to actually pay attention to what's being said.

Contrast this to the guy who's spontaneous at all times, even when it means sacrificing the opportunity to tell a few of his favorite stories. Even though he may not be verbalizing value by telling DHV stories, he is \*demonstrating\* value by being spontaneous. This shows that he is relaxed, enjoying the conversation, and not trying to entertain the girl.

If a really interesting topic comes up and you really want to talk about it, the only way to bring it up in a

relevant way is to cut the other person off and start your thread. Be careful with this though...you only want to cut someone else off if you could significantly improve the direction of the conversation by doing so. I've met guys who cut people off all the time for no reason, and it comes across as try-hard and needy for attention.

Some examples of timing:

#### **BAD TIMING:**

Girl: So the other day, my friends and I went to this really awesome party. Then when we were coming home, these gross old guys starting hitting on us, and I was like, ewww. But my friend is so drunk she actually starts going for them, and I have to drag her away. So anyways, we get back to my apartment and put my drunk friend to bed, and me and my other friends start talking about the guys we've gone out with lately. We were saying how weird it is, when you meet a guy and he's drunk, and in the daytime he's a totally different person. It's like, there's so many guys out there that are cool at a party, but in real life they're just not boyfriend material.

Guy: Yeah, so the other day I was at this awesome party too... (guy totally missed the importance of the story)

#### **GOOD TIMING:**

Girl: (Same story)... cool at a party, but in real life they're just not boyfriend material.

Guy: Yeah, I hear what you're saying. I think girls can be the same way sometimes. And I mean that's cool, I love to party too, but I think it's important that people be able to both party, and be someone who you can have a good time with in the daytime when you're both sober. Like, you seem like a party girl, you definitely know how to go out and have fun. What do you usually do for fun in the daytime? (Responded with something well-timed and relevant, AND spun her attempts to screen him into a frame where he is screening her)

#### **POSSIBLY GOOD TIMING:**

Girl: So the other day, my friends and I went to this really awesome party. Then when we were coming home, these gross old guys starting hitting on us—

Guy: (cutting her off) Haha, yeah I love that. I used to go to a club with all these girls, and they would always tell me all these horror stories about these fat drunk old guys who would try to hit on them. Like, they'd be dancing and this smelly old French guy would start grinding with them. That's what I like about being a guy, when I see a smelly old lady dancing, I don't have to go dance with her. (Good because it is relevant, but be careful not to overuse this. In this case it would be better to let the girl

finish the story, because she's trying to open herself up to you and give you better material to vibe off of)

#### **4. Advanced Vibing (or, Directional Vibing)**

When you are first beginning, vibing is about recognizing the possible topics and picking one in order to keep the conversation going. As you become more spontaneous and no longer have problems with "stalling out," you want to use your vibing to lead the conversation down the best direction for attracting the girl.

The direction that you want to lead the conversation down if you are using a natural style is to lead the conversation towards a frame where you are screening her for the qualities which you desire in a relationship. If you are using an indirect style, you can also use directional vibing to lead the conversation into your routines. Of course, a routine will never have the spontaneity of real, spontaneous conversation, but by vibing well between your routines you can at least make them seem less canned.

If you are using Natural Game like I do, the direction which you want to lead the conversation will be specific to your own experiences and the traits which you desire in a woman. There is no one direction which is best for all people, but you always want to be leading the conversation towards screening for the unique qualities which you find attractive.

Let's take the example from the section of beginning vibing. "At this party last night, I got really drunk and started grinding with my girlfriend and making out with her."

Again, the possible topics for you to vibe off of are:

1. The party last night
2. Parties in general
3. What you did last night
4. Getting really drunk
5. Girls making out with other girls
6. Her girlfriend
7. Grinding/dancing
8. Dancing at parties/clubs

Personally, I love girls who can have fun, but I don't like girls who are boring unless they are drunk. So, I'd pick to topics of getting really drunk and dancing, and say:

"I think that's awesome that you can just cut loose and be crazy like that (qualifying her). I love girls who aren't afraid to go out there and have fun. The thing is, with a lot of people in Boston, they're really shy. Like, if they're at a party, they won't talk to anyone outside their group or dance unless they're really wasted. And I think that's too bad, because drinking is cool, but I think you should be able to have fun when you don't drink too. So what about you, are you crazy like that when you don't drink? (screening)

Of course, everyone likes different things. If you

were into MFF threesomes, you could lead the conversation in a direction where you talk about her experiences with other girls, and ask if she is bisexual.

The most common application of this is that girls will repeatedly get on logical or negative topics during conversation. It is your job to recognize that these topics are hurting the conversation, and spin them into something positive and interesting which builds attraction.

### **Conclusion:**

Vibing is your most important verbal conversational skill. To develop the ability to vibrate well, repeatedly put yourself in social situations, and become conscious of the array of topics presented to you. This will prevent stalling. Use set-up questions to create material to vibrate off of. Time your remarks well, letting go of anything which you have to say which isn't completely spontaneous. And finally, use directional vibing to lead the conversation down a interesting and sexually charged path.

Spirit Fingers

## **The Law of Equal Value Contribution**

The Law of Equal Value Contribution: In order for a relationship to work in the long term, both people must contribute roughly equal amounts of value to the other person's life. If they don't, the person contributing more value will become dissatisfied because they know they could get more value in a relationship than they are getting. They will then subconsciously or consciously sabotage and destroy the relationship.

In this post I'll cover the three ways which you can contribute value to another person's life in an relationship to maintain equal value, and how you can make the law of equal value contribution work in your favor. They are:

1. By contributing social value
2. By contributing sexual value
3. By contributing monetary value

### **Social Value**

Social value is the main way to contribute value to a woman's life that is covered on this board. Dimitri has a very good post on this — "Distractions vs. Solutions." Basically, in order to have a relationship with a woman in the long-term, you must not just be a distraction from her real needs, you must fulfill her needs.

There are a few different ways to do this. The first is to maintain the same level of fun, energy and excitement after sex as before sex. Be the same person who you were when you first seduced her. This spells problems for people who use lots of

routines and don't have the personality to back them up. If you're routine dependent, you'll never get anything more than one-night stands because once all your material is used up, you're right back to being a loser.

The advantage of learning skills like spontaneity, mutual value escalation, frame control, congruence to intention, and alpha BL and tonality are that they will benefit you in a relationship just as much as in initial pickups. If you want to have healthy relationship, focus on developing these things rather than material that can only be used once.

The same goes for indirect vs. direct game. Indirect game is useful in initial pickups. I will often use it myself in certain social situations. HOWEVER, in a relationship, you can't be backturning her and calling her your bratty little sister all the time. It is clear that you guys like each other, so in order to maintain a relationship with her you have to be direct in your intention. You must qualify her well, and genuinely care about her. Again, if you wish to improve your social value in relationships, work on your direct game.

It is absolutely critical that you provide the girl with genuine love and affection. If not, you're not fulfilling all her needs, and she'll look somewhere else for a relationship. This is a deep social need a woman. You must provide her with security — she must know that you're not going to leave her on a whim, and that she is important to you.

Another way to contribute social value to a woman's life is to become exclusive to her. This increases her social status, because she got you in a relationship on the terms society says she should. Low value guys are forced to become exclusive to girls because they can't contribute value to their lives in any other ways.

A way to contribute social value to a man's life, on the other hand, is to leave him free to pursue other relationships. High value guys can do this with ease, because the women must conform to the law of equal value contribution, or the relationship will fail. Exclusivity is not actually as much social value as you might think. If you aren't exclusive to a girl, you can still contribute social value to her life by letting her show you off to her friends, genuinely caring about her, never causing drama or creating unnecessary negative emotions, and providing security for her. If you are low value and her friends think you're a loser, you're neurotic and pick fights, and cause her to think you might break up with her anytime, exclusivity isn't going to do you much good. But, often for guys who are moderately below their GFs in value, exclusivity is the only way to keep them.

A big misconception in relationships is that women like drama. This is completely and utterly false. Normal, non-psycho women don't like drama because picking petty fights and arguments is beta. It creates negative emotions and detracts value from her life. Women only prefer drama to boredom, which they hate more than anything. In order to maintain a loyal girlfriend, you should

listen and care about all her concerns about the relationship. Build the connection that you have, and minimize those things which break down the comfort and trust between you. If she is acting badly, tell her firmly but calmly that she's acting weird, and while you care about her and don't want to see her sad, she needs to get back to being her normal happy self if she wants the relationship to work.

## Sexual Value

Sexual value is by far the most important form of value you can contribute to a woman's life. It contributes about 70% of the value in a relationship, while social and monetary value combine for the other 30%.

Most guys don't realize this. Even ASF guys, who know, at least intellectually, that women want and need sex more than men. For all the talk about "escaping the Matrix" in the community, most sargers still have society's model of sex in their mind and don't realize just how important sex is to women.

An example of this is the "Rocks vs. Gold" routine found in the Layguide. If you're not familiar with it, the gist of it is that women want rocks, which stand for dinner dates, gifts, etc. and men want gold, which stands for sex. In order for a relationship to work, there must be a tradeoff between what the man wants (sexual value) and what the woman supposedly wants (social and monetary value). This is a terrible routine invented by a low value guy who has no idea how female psychology actually works. Men only have to "pay" for sex with dates, gifts, etc. IF THEY ARE OF LOW SEXUAL VALUE. If they are of high sexual value, they can work the equation in the other direction and get women to buy them dinner, gifts, etc. in exchange for sex.

Women are controlled much more by their sexuality than men. They are constantly having sexual fantasies which they never tell anyone about — about getting \*\*\*\*ed by a stranger, getting \*\*\*\*ed by two guys at once, getting gang-raped, etc. These sexual feelings are all the more intense because women are forced to repress them. Additionally, women experience at least ten times the pleasure men do in the bedroom. They can have many different types of orgasms, as well as having multiple orgasms in rapid succession. Additionally, because they are not the one in control of the intercation and are being dominated, the emotions and sensations they experience through sex are much more intense than ours.

Men, on the other hand, are controlled mostly by the immediacy of our sexual needs. Because of basic biological reasons, it is very hard for a man to go even a few days without getting laid. However, if you have multiple relationships and are having sex 10+ times per week, this consideration disappears. The sexual value of any individual woman drops, because you never feel the urgency to \*\*\*\* right away.

Women judge a man approximately 70% on sexual criteria and 30% on everything else. People tell you that great relationships are built on compatibility and chemistry (social value). While you need social value too, the foundation of great relationships is always great sex. If you want to have good relationships, you must become good in bed. Otherwise, you'll only score 30/100 in her book, even if you do everything else right and financially support her.

If order to be extraordinary in bed, you must do two things. I writing a full post on becoming good in bed soon, but here's a brief summary.

1. Psychologically satisfy a woman by completely dominating her. At their core, women want a guy who will treat them like a piece of meat in the bedroom, that can pin her arms to the bed while he fucks the shit out of her and makes her tell him what a slut she is. Think Tyler Durden fucking Marla Singer in Fight Club. That's what you're going for.

**IMPORTANT NOTE:** This is NOT how women want to be treated outside the bedroom! Given the choice, she will pick the guy who treats her like this all the time over a guy who cannot dominate her, but ideally she wants a guy who can love her and appreciate her as a person outside of bed, and also knows what she wants in bed. Most guys can't do this because they have inner game issues and are secretly disgusted by girls acting like sluts in the bedroom. You have to learn that there is nothing wrong with female sexual desire, and that she can be an intelligent and wonderful human being and still have those desires.

2. You must physically satisfy her needs by having the size, strength and stamina to fuck her hard for long periods of times and make her ass. Obviously size you can't do much about size, but as long as your cock isn't freakishly small, it's nowhere near as important as strength and stamina is the bedroom. Increasing your strength and stamina is akin to training for a powerlifting event or a marathon. In order to become good you need some basic technique, then it is just a matter of training your body until you are a superstar. You'll know when you're contributing more sexual value to the relationship than she is when she starts wanting sex more than you do. At this point, you are in control of the relationship. You are contributing more sexual value to it than her, and you can continue it on your terms indefinitely.

## Material Value

However, whenever the value contributed to the relationship is unequal, the person contributing more value becomes dissatisfied. Deep down, they know that the other person is getting more out of the relationship than them, and it creates resentment. Because the other person's behavior is good and

they have no acceptable reason to end the relationship, they start to treat their partner with disrespect, subconsciously sabotaging the relationship. This is the cause for a lot of the drama, petty fights, and misery in relationships. This can take the form of the hot girl frustrated with a submissive guy, or a PUA getting bored with a girl. There is an alternative. Most of the time in relationships, both people are contributing as much social and sexual value as they are capable of. In order to follow the law of equal value contribution, one person can start to contribute material value to compensate for their lack of sexual and social value. This is most often seen in the case of a timid or weak guy with low sexual value who has a hot girlfriend. He must financially support the girl and provide her with status and security, in order to equalize the value contributed to the relationship. This allows their relationship to go on in the long term, otherwise the hot girl would just end up resenting the guy and destroying the relationship. Less often seen is the case of the alpha male bedroom superstar with a hot girl. Even though she's hot, because the man's sexual value is so astronomically high, her sexual value and total value is significantly lower than his. So in order to follow the law of equal value contribution, she must clean his house, cook for him, do his laundry, buy him dinners, buy him clothes, and in extreme cases, straight up give him cash.

These types of relationships are frowned upon by society, despite the fact that a girl getting material value out of a guy in a relationship is considered fine. This is why a lot of ASF guys have a lot of inhibition to learning reverse supplication game when they're first starting. I know I did myself. What you have to realize though, is that contributing material value is a perfectly acceptable way to add value to a relationship. If you are legitimately of higher value than one of your girlfriends, then your relationship is doomed in the long term unless you allow her to contribute just as much value as you are to the relationship in some form. You will sense she needs you more than you need her, and start treating her with disrespect and ruining your relationship.

If you allow her to contribute material value to your relationship, then you have given your relationship the chance to survive in the long term. You are only asking that she bring as much to the table as you are, and you are giving her a chance to be with a higher quality guy than she could have gotten with her social and sexual value alone. You aren't doing anything wrong — you can love and care about a girl, and not be manipulating her in any way when you run reverse supplication game on her.

Reverse supplication game basically consists of being significantly higher value than the girl, and properly structuring the opportunity for her to contribute material value to your life. I just recorded an interview for my blog with Woodhaven, who is undoubtedly the authority in the community on reverse supplication game. In the interview, he goes

into detail on how exactly to do this.

So: the takeaways from this post

1. In a relationship, both people must be contributing equal amounts of value, or the relationship will fail. Value can be either social, sexual, or material.
2. The main way in which you contribute value to a relationship is sexual. Although it varies for most girls, usually around 70% of your value to a woman is sexual. The foundation of good relationships is good sex.
3. If your value is legitimately higher than a girl's you can expect her to contribute material value to your relationship without creating resentment. It is not abusive or manipulative, in fact, it allows your relationship to survive in the long term.

-Dan

### **Mutual Value Escalation**

If you want to put a car in a garage, there's two ways to do it:

- 1) Tear the garage down and rebuild it over the car.
- 2) Drive the car into the garage.

A lot of the current model of ASF has its place, but it's used at the wrong times: Making it take much longer for a guy to find what he wants. Playing with a flawed model is better than playing with nothing at all, but let's step it up a bit, shall we?

A huge part of the current dogma is to have a higher value than hers. No arguments there.

But, let's say you assess yourself at a value of "7" and so do other people. And she's an "8.5" on the objective rating scale.

Houston, we have a problem. Or, rather, a potential problem.

Now, there's a few ways to deal with a situation like this:

I) Long term: Become legitimately higher value.

Okay, great. Should be one of your goals. Always improve your life. We've talked about this before. But it's not going to do anything TONIGHT, is it?

II) Lowering her value to increase yours: Negs, dismissals. Better than nothing. Really, I mean that.

Okay, these two above are the main ASF ideas for dealing with it. #1 is inner game, which some highly advocate and I agree with. It also includes things like the gym and nutrition, which guys like ijiji advocate and for good reason.

#2 is what a lot of people see as the correct "outer game" play. Regardless, solutions 1 and 2 both rely on another factor: Always increasing your value. I've never seen anyone dissent from intelligently and discretionately using Cialdini's concept of social proof. Likewise, being sociable and cool is always

good.

So, what's the problem? #2 is like trying to drive in a nail with a screwdriver. It works, but it takes longer and is more likely to break down somewhere along the line.

### **THE REAL DEAL:**

Solution III: Increase BOTH of your value simultaneously.

Okay, back to our first illustration. Guy is a "7", girl is an "8.5". The guy could use negs, social proof, takeaways, and such to decrease her value situationally to "7.5" and increase his value to an "8". Then, some logistics, some more gaming, some of this and that and ideally he beds her. But he's bedding a woman whose SOCIAL STATUS HAS BEEN DAMAGED!!!!!!

He's bedding a 7.5. Now, if he's a really cool guy otherwise, but might not appear so on a first glance, maybe she'll keep perceiving him at a high level when she snaps out of the need for validation trance. But if it's all just been a front, guess what? She's going to start seeing herself as better than you soon enough, and it's time for all hell to break loose. This is a large cause of why some night game that's successful at "putting numbers on the scoreboard" is terrible at making loyal, solid, dependable girls. And many of these same guys rant about how worthless women are! When they're damaging the goods before they take it! Go figure!

### **SOMETHING MUCH BETTER:**

Instead, realize that you have the power to make any girl better than what she is, simply by virtue of being with you, being connected to you, being in your presence or even able to communicate some with you. She can feel more sexy, more intelligent, solve problems more easily, be more dedicated, be more rational, and so on.

Does that sound like a grand claim? It's not. A good leader can bring out all those things in a person, and more.

So, instead of you cutting that cute lil' 8.5 down to a 7.5, you make her into a 9.5!

Hold the phone, Dimitri! You can't be serious! I'm just a "7", I can't handle the 8.5, let alone a 9.5!

Well, first, my friend, start seeing yourself in a better light. But that said, check out the flaw in your objection:

You make her into a 9.5. Who is that dependant on? YOU! She feels stronger, smarter, more confident, more socially savvy, more beautiful, and more powerful around you. Without you, she can't have that. What does that do for your value?

10/10, gentlemen. When you deliver a compliment well (that's where the game comes in), you increase your value and hers... and yours MORE.

There's an art to this, of course. It's possible to give

a compliment that's supplicative. That raises her value a tiny bit, and lowers yours a lot. Same with perceived supplication. But imagine, if you will, that a Tom Cruise-esque guy walks up to a girl, looks deeply into her eyes, and tells her that she carries herself so gracefully that he had to come speak with her. Guess what? She's positively glowing, and his value has only gotten higher.

And if you're picking up everyone around you, you're getting social proofed too. Higher social status. More people want to be around you. It's cyclical.

### **DIMITRI, GIVE ME THE TECH ALREADY!**

Sure. When saying or doing anything in the game, be PROCESS ORIENTED, NOT RESULTS ORIENTED. That means, do what you feel, and shrug at what happens. When the night is over, it's good to analytically look at what happened, and adjust. Maybe even take a couple minutes while you're in the men's room to think over how things have been going. But instead of taking a technical aspect, it's important to bring what you feel, and what you want. That means go with what you want to go with, not what you've been told to go with. If any given compliment/remark/story/whatever gets negative results, you shrug at the moment, because you did the process as best as you could. You improve the process later, as you can, but in the moment, you live it and love it. And that shrug if someone disapproves is usually enough to make it glaze over and no matter, anyway.

Deliver everything from a position of power and authority. When you state something that you think, your position isn't going to change based on what they think or say. So you give a girl a compliment on her retro-yellow skirt. She says she hates it but has nothing else to wear. You shrug, or maybe say, "Meh, I still like it" and keep going. You don't take back what you've said, because it's true. Likewise, if she starts glowing, you don't go on and on about it: You've said what you have to say, now keep moving. The authority part means you're not tentative. If you give her a compliment, you might leave a normal social pause in there to see if she thanks you or says something in particular, but after that half-second or so, you just do/say what you want to. You don't stand and wait for her to decide what she wants to do with you.

Judging: Everyone judges all the time, whether they admit it or not. Even a person who prides themself on being non-judgmental still makes spot assessments of everything they see. Well, I say take it to the forefront. Be conscious of the fact that you're always judging, and do so. It's what the concept of screening is all about: And I don't mean pretending to screen. See if she's what you actually want. Practice is great and all, but at some point, you gotta start getting what you want and deserve.

So far, we've covered the basic mindsets and

attitudes of Mutual Value Escalation. You come from a position of power and authority, objectively realize and consciously judge her actions to see if you like her and what she's doing, and then you stay process oriented: You don't let what others think/do affect you if you're giving it your best.

### **DISRESPECT:**

There's a lot of rude people in the world. If I had to guess, I'd say there's probably an equal number of rude men and rude women, but in a lot of western countries, you see blatant disrespect by women to a lot of men.

So, you're out in the club, you see a girl wearing a ruby-colored, shimmering red dress. Long, soft blond hair and a pearl necklace framing her perfect neck. You go to talk to her, and she's rude!

What has she done? Well, if she wants you (and she will soon if not already, my friends, rest assured) she's played shitty game. But you can't blame her, Cosmo and The Rules are really the blind leading the blind.

She doesn't know any better. Someone would do well to point her to my MVETheory, but in the meantime, you'd better deal with this.

Take no disrespect! When a girl disrespects you, it's her trying to raise her value a bit by slamming yours. Instead, you assume your value is still where it's at, and that hers is SEVERELY decreased by her disrespect.

Then treat her appropriately. Like, if you can, imagine the 9 that just said some rude shit to transform into a 4, and it's a rabidly ugly drunk girl that's talking shit. In this case, you'd probably what? Turn your back to her? Tell her that she's rude? Laugh and make fun of her? Roll your eyes and look at her like a little child? Ignore her entirely?

If a woman is willing, I'll take her and me to new heights together. We'll thrive together in a partnership, and if she measures up, a relationship. Sometimes we'll make love, sometimes we'll have sex, sometimes we'll get down and dirty and fuck real nasty. We'll have great conversations, do fun things, and both learn more about ourselves. We'll see sunsets and sunrises and I'll show her things she's never seen before, and I'll learn everything I can from her.

But not if she wants to be a snotty little bitch.

There's, quite literally, a line of girls that are begging for my attention, my affection, my love. So if one girl can't realize what I'm worth, she'd better get in line ASAP.

So take it as a severe knock on her value. Many people, when faced with someone being hard to get or disrespectful, want to prove to that person that they like them. Wrong response.

So, after she's disrespectful to you, you either "neg" her, as appropriate, or maybe dismiss her entirely in favor of better girls. If she was not being entirely attentive, then it might be time to tease her a little. If she was downright fucking rude, then it might be time to tell her straightup, "Hey, I was just being

social, having a conversation, and that was rude. But... have a nice evening."

### **WAIT, DIMITRI, WHY NOT JUST NEG RIGHT OFF THE BAT?**

Because, quite frankly, I don't need to. Have you ever seen an old, black and white movie, with a man playing a manly actor telling a woman that she's so beautiful and they'd be perfect for each other. Lots of times, the girl melts for him on the spot.

Sometimes, she doesn't. But if she fires something at him sarcastically, he always shoots right back with something clever about how she's blowing her chances.

AND, it would presuppose that I need to neg, which I don't. This all goes back to having/being a high value person. I come in assuming I'm already supremely high value, but that's another topic for another time.

### **\*\*IN CLOSING\*\***

Don't try to cut women down so you're better than them. Instead, lead them and make people around you better people. You can do this by encouraging them, complimenting them when they do well, and disciplining them when they fail.

You assume a high value, and you create even more by this attitude. Really, everyone you meet will be picked up a bit, and become a better person if they work with you. If they work against you, they go from having you in their corner to you judging them harshly: And they see that you're solid in heart and mind, so they just made a huge mistake. The vast, vast majority of the time, this is enough to correct the behavior and not have it around you. It doesn't mean that you'll get any one, individual woman, but it does mean that you'll constantly have attractive women that are loyal to you and good people around you. It'll also make you have more friends and more loyal friends, as well as more contacts, acquaintances, and so on.

Without being too sappy, trying to leave everyone you find a little better off makes you a LOT better off, and people will follow your lead. If someone is disrespectful, you don't tolerate it: You see if they'll fix their behavior, and it's sayanora if they can't.

Feel free to add more thoughts and technique, my friends. This avenue of game has been around forever, and it's the most successful model of leadership and playing the game. Just because it hasn't been talked about in this way before en masse shouldn't stop you from logically thinking it out and realizing that you know lots of people who do this and are successful with it. Chip in some thoughts, and let the discussion grow.

Always yours, Dimitri

Dimitri

## Disqualify the General, Qualify the Specific

The difference between lame, supplicating compliments and powerful qualifying compliments is that lame compliments are to general traits the girl has, while powerful compliments are specific to the girl.

A common social error made by guys (and girls) is trying to qualify someone on a trait they have which they share with a lot of people. For example, saying that you like girls of her race, or hair color, or complimenting her on lame stuff which isn't really unique to her. Also, complimenting her on being good looking in general without saying anything specific to her (direct openers don't count because they're not actually qualifying her, they're just giving you a situationally relevant way to open her). This is the AFCs do. It comes off as lame because in the back of her mind she knows that she didn't really EARN the compliment, and you're just doing it to try and make up for your lack of value. Examples:

(After talking to a girl for hours)

Guy: You know, you're really beautiful (and not saying anything SPECIFIC that he likes about her looks)

Girl: Uh, thanks (thinking: weirdo)

or

Guy: You're Japanese? Awesome!!! I only date Japanese girls  
(attempting to raise your value by qualifying her on something she didn't put any work into, comes off as lame)

or

Guy: So what do you do for fun?

Girl: Um...I dunno...I like watching movies

Guy: Really? I like movies too. We should catch a movie together sometime (Rewarding her with a compliment and show of interest for a lame response which isn't unique to her. The girl will know that she didn't really deserve this, and the guy's value will go down. She'll sense he's chasing her.)

Girl: Uh...I'm busy...

Instead of doing this, set yourself apart by disqualifying general characteristics. A good example of this is how Dimitri tells Japanese girls that he never dates Japanese girls (and then later he \*\*\*\*s them). You can disqualify a girl on any general characteristic she has about her. In fact, sometimes it's necessary for a girl to feel fully qualified for you that shut down her lame attempts to DHV and disqualify her on them. Examples:

Girl: Yeah I didn't think this outfit was anything

special, but all these guys were staring at me when I was walking down the street today (trying to DHV by showing that other guys are attracted to her)

Guy: Really?!?! High five! (then takes his hand away when she goes for it and makes her look dumb, and playfully shuts down her lame DHV)

or

Guy: Usually I'm not attracted to girls who are blonde/short/tall/older/younger/whatever general trait, but I like you because you're (specific trait). (makes her feel more qualified because she feels she was initially at a disadvantage to other girls in getting you, but overcame that through the work she put into getting you)

or

Guy: So what do you do for fun?

Girl: Um...I dunno...I like watching movies...

Guy: Wow, that's awesome. I can just see you on a Friday night, and all your friends are like "hey, lets go out and get drunk," and you're like "noooo, I don't like going out, I gotta stay here and watch MOVIES..." (playfully shutting down the lame DHV attempt because it's not unique or special to her)

Girl: Haha, shut up, I'm not like that (qualifying herself)

Guy: Well, that's good (goes into stories about his life to make her open up more)

The things which you should qualify her on should all be specific to her. The more specific to her they are, the more powerful the qualification is. This is why while general direct openers (Hey, I think you're cute) work, specific direct openers (Hey, I saw you walking here wearing that crazy purple hat and sparkly shirt, and I think you look really amazing) work better.  
Examples:

Guy: Are you adventurous?

Girl: Yeah, I like to do crazy things. This one time I decided that I wanted to go skydiving...I was so scared when I was in the plane, but finally I got up the courage and I jumped out, and it was one of the greatest experiences of my life.

Guy: That's really cool. I like girls who do crazy stuff like that. (rewarding her for a genuinely interesting DHV story, which is unique and specific to her)

or

Guy: So what do you do for fun?

Girl: I'm a writer, I'm working on my own novel right now.

Guy: Really...I'm actually a writer too. You should show me some of your work sometime (Rewarding her by showing interest in something unique to her, comes across well)

So remember: Disqualify the general, qualify the

specific. Playfully shut down lame DHV attempts, and qualify the DHV stories of the girl that are unique and specific to her.

-Dan

## **Think Beyond The Medium**

THINK BEYOND THE MEDIUM!

This has always been the core of my PU skills. I've always ranted about THINKING BEYOND THE MEDIUM.

Unfortunately not too many people understand what I mean when I say "think beyond the medium". This post is a pretty good example of what I mean.

Anyways let's roll! :)

One example is body language. I'm sure everybody here has read TD's post about the 25 points. It's a great post. Unfortunately I can't keep track of all 25 things in my head.

My solution was to just say to myself, "Hey this is who I am and I'm gonna do whatever I have to, to achieve my goals! And if someone else doesn't like it, then fuck 'em!"

Then I'm totally relaxed and comfortable when I'm out PUing. Then all of the 25 points fall right into place! I'll even do things like lean in and it still won't matter. Why? BECAUSE I DON'T GIVE A FUCK! The medium here is body language, but in order to fix my BL I had to think beyond BL. I had to think about how I felt about myself instead and fix that.

Here's some insights I've learned about myself lately:

### **1. Falling into a rhythm:**

Ok, you boys know that I run a natural game. I just basically go with whatever I feel and run with it. I don't try to impress, entertain, run routines, etc when picking up chicks. I just go by what I feel, calibrate slightly to the type of chick I'm talking to and just flow with it.

There are advantages and disadvantages to running this type of game. The biggest advantage is that it makes the game very simple and easy. You don't need to think, you just flow with the interaction.

Another thing is that you fall into a rhythm or pattern of doing things. This can be both good and bad depending on what that pattern of behavior and your goals are.

When out PUing in a club, I always fall into a rhythm. That rhythm dictates my behavior for the rest of the night. For instance, if I hook up with other people before hitting up the clubs, then I fall into what I call "party mode".

From there on I get into a rhythm of just going out to have fun and not worrying about picking up chicks. I

do approach and talk to chicks but I'm not sexual cuz I'm only out to have fun and don't focus on any particular target. What usually happens is that at the end of the night, either a chick is really interested and becomes aggressive enough to pick me up or I go home alone.

This has been a problem when guys that I'm "teaching" want to meet and hook up before hitting the clubs. Then I fall into what I call "teaching mode".

This is where I'm just observing, teaching and helping other guys pick up and get laid. All the while I don't PU for myself, I do it strictly to help other guys out. This is a bad habit that I picked up. Of course the guys I help out think it's great! :) But for me it usually turns out to be a waste of an evening. What's really fucked up is that I don't even recognize that I get into this mode, so I never get out of it.

Now the time when falling into a particular rhythm fucking ROCKS is when I'm focused on going out to PU and not bullshit around. I can #close several different chicks and still pull a chick the same night back to my place or hers. I've done it before lots of times so I know it's possible. The trick was to figure out how to get this to happen EVERY single time I go out. The answer for me is to decide what my goal is for the night, go out by myself and then just fucking do it.

I can still meet guys when I'm out, but when PUing, I'm PUing.

Haha, I remember a time when one of my "padiwans" asked me if some of his friends could join us, cuz they also wanted to improve their PU skills. I didn't mind as long as they stayed out of my way. This was when I fell into "PU GOD mode". :) I was the first one to arrive in the pub. By the time they showed up, I was already into a 5-set. The chicks all shifted positions so the hottest one moved and sat right next to me. We exchanged numbers and she didn't want me to leave, all before we even hit the club! Not a bad start! :)

I eject from the 5-set to meet the guys. I tell them right away that I'm not teaching tonight and to just stay the fuck out of my way. I was firing on all cylinders that night! I #closed every target I approached, had chicks buying me tequila shots, setting up a day2 with one chick and then making out with her girlfriend, etc! :)

I'm sure these new guys thought that I was a real asshole! :) But unfortunately this is what I have to do in order to achieve my goals.

The medium here is PU consistency, but in order for me to be more consistent at PU, I had to think beyond PU, routines, openers, etc. I had to look at the way I was behaving in certain situations and why. Then look at how that was affecting my game. Then make the changes in my behavior and BAAAMMM!!!

Better PU consistency! :)

## 2. How I connect with chicks:

Ever since I found mASF and started to seriously get into the game, I've had a tough time feeling any sort of connection with any chick, no matter how HOT she was. I would go out to PU and pull chicks weekend after weekend and feel absolutely NOTHING for them. Last year was a record breaking year for me. I fucked more chicks in that one year than all the other years put together. For those of you who are statistic freaks, it was 40+ chicks. I don't remember the exact number cuz I never really kept count. Fuck, I don't even remember half of their names!

But the whole time I felt NOTHING for these chicks, a lot of them wanted relationships and would try to snag me into an LTR, but I would just get bored or they'd turn out to be LSE/psychos and I'd leave them.

After doing the find 'em, fuck 'em and forget 'em thing I was worn out. Let me tell you boys, that shit does wear you down. I wanted to find a nice LTR/mLTR and just enjoy my life a little more. But seriously I just couldn't connect with chicks. They would be attracted to me and connect with me, but I felt nothing for them. I was starting to accept that maybe this is the way things will always be from now on.

But then it finally happened! I always used to meet chicks in the fuck venue. We'd get together and have sex, that's it. So I decided to change things a bit.

Then I met this one chick and started doing things with her. We had a great time together and connected on so many levels. It was awesome! For the first time since my LTR of 10 yrs ended, I felt something for a chick.

Don't worry boys, Razorjack hasn't developed oneitis! :)

The important thing was to figure out HOW I connected with her. For me it was all about getting away from the club scene, and seeing these chicks in a different light, in a different setting, in a different environment and getting to know them for who they are and ACCEPTING that, while doing fun things together.

I was so happy that I FINALLY was able to do this and it felt great! And the best part?

The best part is knowing that I can recreate this with any chick (as long as they are not LSE psychos!) because it is NOT the chick that makes me feel this way, but ME MAKING MYSELF FEEL THIS WAY! HA! What an epiphany! It's like waking up from a coma! :)

The medium here is connecting with chicks.

Thinking beyond connecting with chicks and more about myself and my behavior, was exactly what I needed to do in order to achieve what I wanted.

So after reading this rant of mine, what did ya boys learn?

Well I'll tell ya then! The lesson here is:

1. First figure out what your goals are, what you want to achieve, where you want to go, etc.
2. Get to know yourself, how you behave, how you do things, how you motivate yourself, how you learn, etc.
3. Once you understand where you want to go and understand how and why you do the things you do, then change that behavior so you can get what you want!

Solving the problems that I described above wasn't about new routines, openers, qualifiers, affirmations, etc. It wasn't even about PU!

It's beyond the medium, beyond PU!

It was about me learning how I behave and why that was preventing me from getting what I wanted. Then I change that behavior and guess what?

My PU problems are solved without even thinking about PU!

So if you guys are having problems with PU, THINK BEYOND THE MEDIUM!

-Razorjack